



# 2017 Ruse ETU Aquathlon Balkan Championships



## ATHLETES' GUIDE



7<sup>th</sup> – 9<sup>th</sup> July 2017

## INTRODUCTION

The **Bulgarian Triathlon Federation** together with **Ruse Municipality** and **Dalyan Triathlon Sport Club** are proud to host *2017 Ruse ETU Aquathlon Balkan Championships*.

We look forward to welcoming you and your athletes in Ruse on 7<sup>th</sup> July, 2017.

Please, find all the details about the event in our Athletes' guide.

All the information contained in this Guide is correct and up-to-date, however, please be advised to check with the LOC during the Balkan Championship's week regarding any changes.

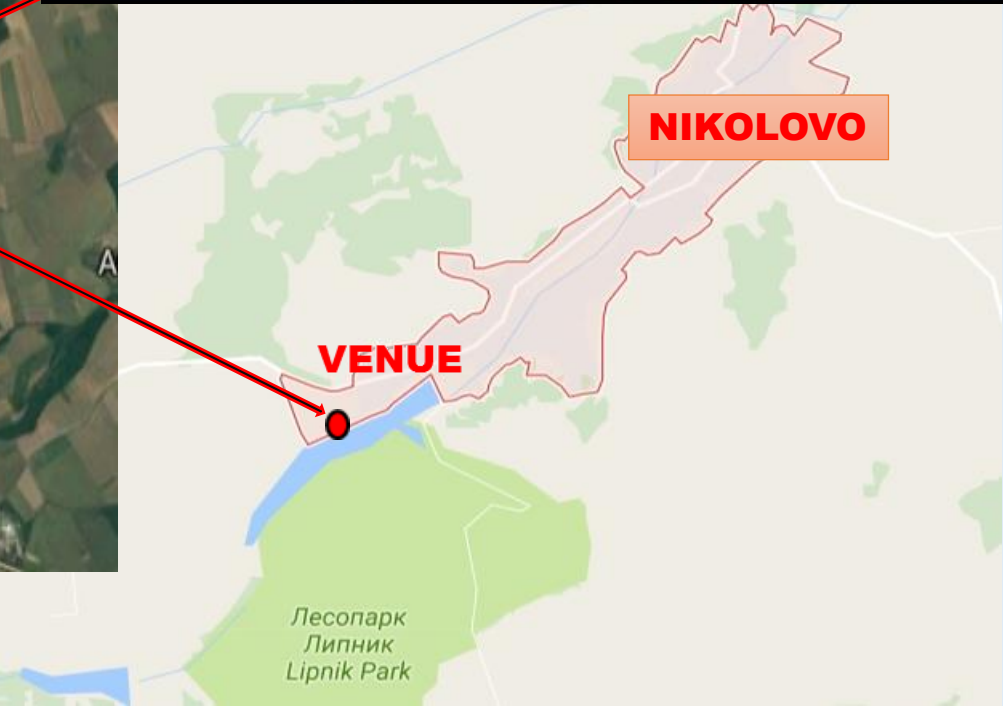
## LOCATION

Ruse is the biggest Bulgarian city situated on the Danube river.

The venue is located at the lake of Nikolovo, situated 7 km northeast of Ruse.



# VENUE



## EVENT AND CONTACT INFORMATION

Event Title:	2017 RUSE ETU AQUATHLON BALKAN CHAMPIONSHIPS	
Event Venue:	Ruse, Rowing Complex - village of Nikolovo	
Event Country:	Bulgaria	
Event Start Date:	07 July 2017	
Event Finish Date:	07 July 2017	
Entry fee JUNIOR/ELITE	Amount:20	Currency: Euro
Event Contact Name:	Emil Stoynev	
Event Contact Address: Company or name of the contact person, street, town, zipcode, country	Bulgarian Triathlon Federation 75, Vasil Levski Blvd Sofia 1040 Bulgaria	
Event Contact Email:	burgastriathlon@gmail.com	
Event Contact Phone:	+359 888 530 656	
Event Website:	<a href="https://bgtriathlon.com">https://bgtriathlon.com</a>	
Event Facebook Address:	<a href="https://www.facebook.com/bgtriathlon?ref=hl">https://www.facebook.com/bgtriathlon?ref=hl</a>	

<b>Date</b>	<b>Time(hh:mm) - Activity</b>
06-07/07/2017	Arrival of teams and athletes
07/07/2017	12:00 Athletes' Briefing
07/07/2017	14:00 swim course familiarization

07/07/2017	Race day – start times 18:00 Junior & Elite Athletes
------------	---

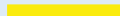
Briefing date, time:	07/07/2017 - 12.00
Briefing location:	Rowing complex - village of Nikolovo


## **TRAVEL AND ACCOMMODATION**

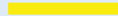
Closest airport:	Varna(Bulgaria); Bucharest (Romania)
Visa requirements:	Check with your consular department
Local transportation provided:	No
Name and contact details (address, phone, email, website) of the host hotel:	To be announced at a later date

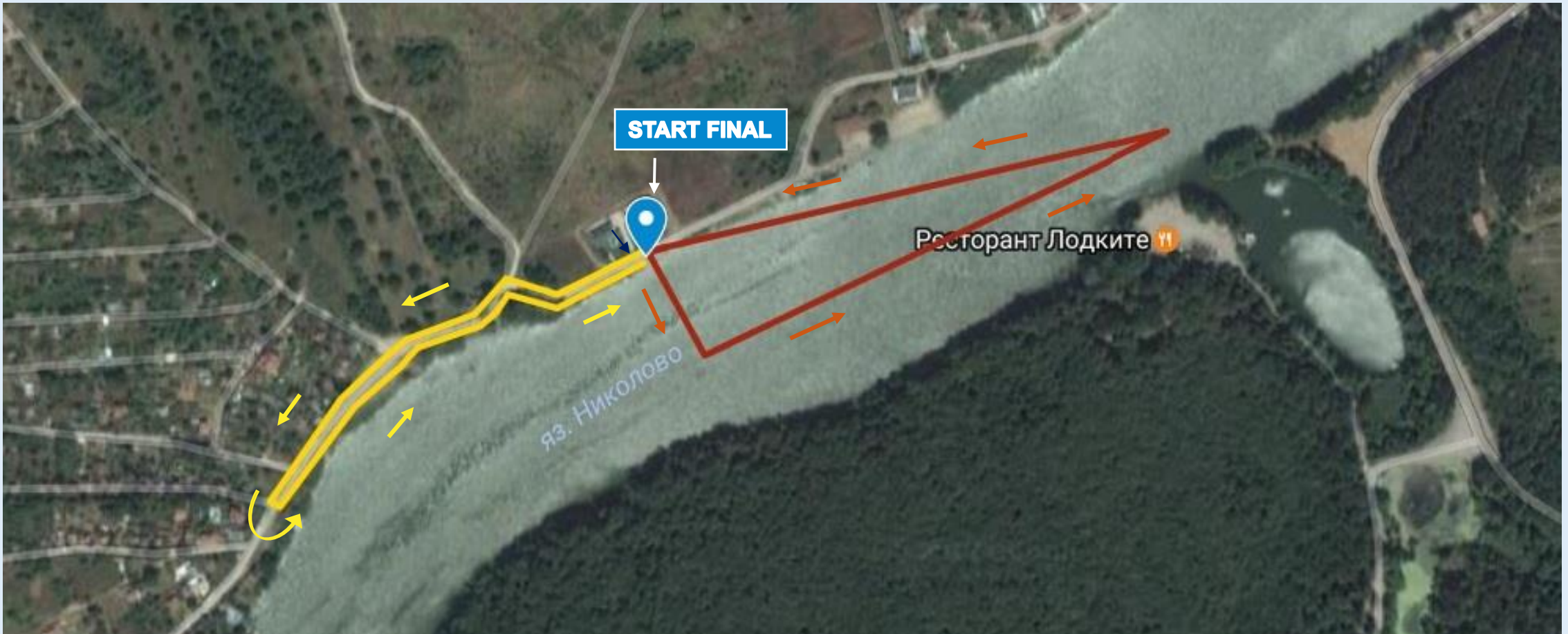
## Course Maps and Details

### JUNIOR AND ELITE

**RUN – 2,5 km**   
Number of laps: 3  
Flat, asphalt road

**SWIM – 1000 m**   
Water temperature: around 26 ° C  
Number of laps: 1  
Start Mechanism: mass start  
Conditions: lake

**RUN – 2,5 km**   
Number of laps: 3  
Flat, asphalt road



# DETAILED SCHEDULE

## Aquathlon & Triathlon

Friday, 07 July 2017

12.00 - 16.00	Registration and payment of entry fees
14.00 - 16.00	Athletes' Briefing
16.00	swim course familiarization
16.30	bike course familiarization
17.00	transition area opens
17.15 - 17.45	warm-up
17.50	assembling at the start line
17.55	introduction of the athletes
<b>18.00</b>	<b>start 2017 Ruse ETU Aquathlon Balkan Championships</b>
<b>19.00</b>	<b>medal ceremony</b>

## Saturday, 08 July 2017

08.00	transition area opens
08.00 - 08.45	warm-up
08.50	assembling at the start line
08.55	introduction of the athletes
<b>09.00</b>	<b>start Elite Male</b>
<b>09.05</b>	<b>start Elite Female</b>
10.30	transition area opens
10.30 - 11.15	warm-up
11.20	assembling at the start line
11.25	introduction of the athletes
<b>11.30</b>	<b>start Junior Male</b>
<b>11.35</b>	<b>start Junior Female</b>
13.00	medal ceremony Elite & Junior
16.00	transition area opens
16.00 - 16.45	warm-up
16.50	assembling at the start line
16.55	introduction of the athletes
<b>17.00</b>	<b>start AG</b>
19.00	medal ceremony AG



**Sunday, 09 July 2017**

08.00	transition area opens
08.00 - 08.20	warm-up
<b>08.30</b>	<b>Mixed Relay Balkan Triathlon Championships</b>
10.00	transition area opens
10.00 - 10.30	warm-up
<b>10.45</b>	<b>start YM</b>
<b>10.50</b>	<b>start YF</b>
12.30	Medal ceremony Teams & Youth
13.00	transition area opens
<b>13.30</b>	<b>start national triathlon championships</b> category 0 & 1 age groups Male
14.15	<b>start national triathlon championships</b> category 0 & 1 age groups Female
15.30	medal ceremony children

**If there are not enough teams the program will be as follows:**

08.00	transition area opens
08.00 - 08.20	warm-up
<b>08.30</b>	<b>YM</b>
<b>08.35</b>	<b>YF</b>
10.00	Medal ceremony Youth category
10.15	transition area opens
<b>10.45</b>	<b>start national triathlon championships 0 &amp; 1 male</b>
<b>11.30</b>	<b>start national triathlon championships 0 &amp; 1 female</b>
12.30	medal ceremony children

Depending on the number of participant in Youth category it is possible the starts for YM and YF to be separate.

## Other related information

### Categories

Junior – athletes born 1998, 1999, 2000,2001 (16 – 19 years of age)

Elite – athletes born 1999 and in the previous years (18+ years of age)

### Distances:

Junior & Elite: 2.5 km run – 1000 m swim – 2.5 km run

**THE INFORMATION PROVIDED ABOVE IS SUBJECT TO UPDATES!**

**REGISTRATION FOR ELITE ATHLETES** - ITU system through the respective National Federation.  
**JUNIOR, YOUTH & AG** - online registration form at <https://triathlonbg.com/online-registration-form/>