



World Triathlon  
Cup  
HUATULCO  
2024



Americas  
Triathlon  
Cup



World  
Triathlon



# Extraordinary you. Extraordinary Huatulco.

18 de mayo del 2024 | Huatulco, México



astri

triatlón  
hualulco

GMC  
WE ARE PROFESSIONAL GRADE



OAXACA  
GOBIERNO DEL ESTADO

## ATHLETE'S GUIDE

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## **Welcome to the AsTri Huatulco 2024 Triathlon World Cup!**

This paradise is located on the coast of the State of Oaxaca, in the Mexican Pacific, and has 7 beautiful bays. Tangolunda Bay is home to the hotel zone and the Coastal Boulevard, ideal for cycling and running. Said Boulevard joins the Bay of Santa Cruz, where the town of La Crucecita is located, a picturesque place with restaurants serving typical Oaxacan food, a market and small hotels.

Huatulco is a natural paradise surrounded by mountains with quiet white sand beaches that contrast with the beautiful blue of the water. You can practice multiple sports from swimming, snorkeling, sailing, kayaking, playing golf, running and cycling, among others. For many years it has hosted the World Triathlon Cup and this edition is once again part of such an important Series. The best Elite triathletes in the world compete in it looking for points to add to the World Ranking, making this triathlon a great spectacle.



## 1. GENERAL INFORMATION

### 1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches, and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up to date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

### 1.2. KEY DATES

#### Thursday May 16th

<b>18:00</b>	Mandatory Meeting, Elite WC & Elite Relays Hotel Biniguenda
<b>19:00 Elite</b>	Elite Athletes Packet Pick up , Hotel Biniguenda, Mixed Teams Declarations turned-in, Hotel Biniguenda

#### Friday May 17th

<b>5:30 - 6:00 hrs</b>	Changes to Mixed Relay Teams - Athlete Lounge
<b>6:00 – 7:00 hrs</b>	Elite Mix Relay Athletes Lounge Opens
<b>6:10 – 7:05 hrs</b>	Transition area Check-in Mixed Relay
<b>6:30 – 7:00 hrs</b>	Swim Warm-up Mixed Relay
<b>7:10 hrs</b>	Athletes' Introduction
<b>7:15 hrs</b>	Elite Mix Relay Starts
<b>9:30 hrs</b>	Elite Mix Relay Award Ceremony

### COURSE FAMILIARIZATION Elite WC

#### BIKE

You will be able to familiarize yourself with the bike course on Friday, May 17th at 10:00 (Starting at the transition area). 3 laps (30 min aprox) (escort familiarization)

#### SWIM

You will be able to familiarize yourself with the swimming course on Friday, May 17th from 11:00 to 11:45. The location will be the same as the start of the race, "Chahue Bay".

Please note: It is forbidden to swim outside the test swimming zone at any time because of safety reasons and marine traffic!

<b>13:00 to 19:00</b>	Age Group Packet pick up at Chahue Bay
<b>13:00 to 19:00</b>	Bike Mechanical free service Age Group Packet pick up at Chahue Bay



## Saturday May 18th

6:30 am – 12:30 pm	Age Groups
16:15	Elite Woman Athletes Lounge Opens
16:25 – 17:05	Transition area Check-in Elite Woman
17:00 – 17:30	Swim Warm-up Elite Woman
17:35	Athletes' Introduction
17:45	Elite Woman Starts
19:00	Elite Woman Awards Ceremony

## Sunday May 19th

6:00	Elite Men Athletes Lounge Opens
6:15 – 6:50	Transition area Check-in Elite Men
6:40 – 7:10	Swim Warm-up Elite Men
7:20	Athletes' Introduction
7:30	Elite Men Starts
8:40	Elite Men Awards Ceremony

### 1.3. KEY CONTACTS

**Mauricio Alvarez**  
Race Director



[malvarez@asdeporte.com](mailto:malvarez@asdeporte.com)

**Paul Brandt**  
Technical Delegate



[paul.brandt@usatriathlon.org](mailto:paul.brandt@usatriathlon.org)

**Diana Cortes**  
Athlete Services Manager



[dcortes@asdeporte.com](mailto:dcortes@asdeporte.com)

**Humberto Aguilar**  
Medical Delegate



[drhumbertoaguilar@me.com](mailto:drhumbertoaguilar@me.com)

**Gergely Markus**  
Team Leader



[gergely.markus@triathlon.org](mailto:gergely.markus@triathlon.org)

### 1.4. CONTACT DETAILS

**AsDeporte**



**Mauricio Alvarez**  
[malvarez@asdeporte.com](mailto:malvarez@asdeporte.com)

**AsDeporte**  
Av. San Jeronimo 424 PB1 Col. Jardines del Pedregal  
Ciudad de México Cp. 01900



## Saturday

16:15- 17:20

Elite Female Athletes Lounge Opens

6:00- 7:00

Elite Male Athletes Lounge Opens

## 2.4. ELITE ATHLETES' RACE PACKAGE

Thursday May 16th , 2024

19:00

Hotel Biniguenda

## 2.5. DOPING CONTROL

### Hotel Xquenda Hutulco Spa

Blvd. Santa Cruz S/N, Bahía de Santa Cruz, Bahias de Huatulco,7  
CONADE Doctor is Miguel Angel Delgadillo 0989 México

## 2.6. SECURITY

Accreditation must be visible to access the following areas  
Head Of Security , Jose Mercado: 6242466777

## ACCREDITATION PLAN MAP





## 2.7. WT OFFICE

Holiday Inn Huatulco  
Blvd. Benito Juárez 604-Sector "A", 70987 Oax.  
Phone number: 958 583 0433

### Thursday 16 and Friday 17

10:00 - 13:00  
15:00 - 19:00

### Saturday 18 & Sunday 19

10:00 - 13:00

## 3. ACCOMMODATION

### Jessica Hernandez

huatulcohotel@prodigy.net.mx

Tel. +52 (958) 581 0486 / 581 0487

LADA. 01-800 224 4279

TOLL FREE USA. 1-866 416 0555

<http://www.hoteleshuatulco.com.mx>

## 4. TRANSFER AND TRANSPORT

### Huatulco Airport

#### VISA:

Those athletes who need an invitation letter in order to obtain a visa to enter into Mexico, must contact Miss Erika Gomez at the Mexican National Federation:  
afiliaciones@triatlon.com.mx

#### Local Transportation from Airport to Hotel

Please contact directly LOC ,

Diana Cortes [dcortes@asdeporte.com](mailto:dcortes@asdeporte.com)

You will have until Friday May 10 th o send your flight itinerary



## 5. ATHELETE'S SERVICES

### 5.1. TRAINING FACILITIES

#### **SWIM** **Hotel Xquenda Huatulco Spa**

Vialidad Lambda s/n Bahía, Blvrd Chahue, 70989 Bahías de Huatulco, Oax.

From : 9:00 am to 4:00pm

#### **BIKE**

The LOC will not close the course for practice, the athletes can practice at own risk.

#### **RUN**

The LOC will not close the course for practice, the athletes can practice at own risk.

### 5.2. MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the Registration area and during the race. There will be First Aid and Emergency Medical Services at the Race Village on competition day.

Medical and Paramedical personnel will be available throughout the race. Several ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance.

Address:

Clínica IMSS 41 HUATULCO - Seguro Social IMSS

Boulevard chahue lote 49 manz 5; sector R "Las Palmas", 77989 Santa Cruz

#### **Emergency telephone number**

(958) 587-11-82

### 5.3. BIKE MECHANICAL SERVICE

**Friday May 17th, 2024**

**12:00 – 19:00**

Parque Hundido in Chahue Bay

## 6. COMPETITION SCHEDULE

### 6.1. ELITE WOMEN /ELITE MIX RELAY

DAY	START	END	ACTIVITY	LOCATION
Thursday 16	18:00	19:00	Mandatory Athlete's briefing	Hotel Biniguenda
Thursday 16	19:00	19:30	Race package distribution	Hotel Biniguenda

#### Friday May 17th

<b>6:00 – 7:00 hrs</b>	Elite Mix Relay Athletes Lounge Opens
<b>6:10 – 7:05 hrs</b>	Transition area Check-in Mixed Relay
<b>6:30 – 7:00 hrs</b>	Swim Warm-up Mixed Relay
<b>7:10 hrs</b>	Athletes' Introduction
<b>7:15 hrs</b>	Elite Mix Relay Starts
<b>9:30 hrs</b>	Elite Mix Relay Award Ceremony

13:00 to 19:00 Age Group Packet pick up at Chahue Bay

13:00 to 19:00 Bike Mechanical free service Age Group Packet pick up at Chahue Bay

#### Saturday May 18th

### 6:30 Age Group Event Start

<b>16:15</b>	Elite Woman Athletes Lounge Opens
<b>16:25 – 17:05</b>	Transition area Check-in Elite Woman
<b>17:00 – 17:30</b>	Swim Warm-up Elite Woman
<b>17:35</b>	Athletes' Introduction
<b>17:45</b>	Elite Woman Starts
<b>19:00</b>	Elite Woman Awards Ceremony



## 6.2. ELITE MEN /MIX RELAYS

DAY	START	END	ACTIVITY	LOCATION
Thursday 16	18:00	19:00	Mandatory Athlete's briefing	Hotel Biniguenda
Thursday 16	19:00	19:30	Race package distribution	Hotel Biniguenda

### Friday May 17th

**13:00 to 19:00**

Age Group Packet pick up at Santa Cruz

**13:00 to 19:00**

Bike Mechanical free service Age Group Packet pick up at Chahue Bay

**6:00 – 7:00 hrs**

Elite Mix Relay Athletes Lounge Opens

**6:10 – 7:05 hrs**

Transition area Check-in Mixed Relay

**6:30 – 7:00 hrs**

Swim Warm-up Mixed Relay

**7:10 hrs**

Athletes' Introduction

**7:15 hrs**

Elite Mix Relay Starts

**9:30 hrs**

Elite Mix Relay Award Ceremony

### Saturday May 18th

## 6:30 Age Group Event Start

**6:00**

Elite Men Athletes Lounge Opens

**6:15 – 6:50**

Transition area Check-in Elite Men

**6:40 – 7:10**

Swim Warm-up Elite Men

**7:20**

Athletes' Introduction

**7:30**

Elite Men Starts

**8:40**

Elite Men Awards Ceremony

## 6.3. COMPETITION RULES

The event will follow the latest published Competitions Rules of the World Triathlon.

## 6.4. ATHLETE'S BRIEFING

**Thursday May 16th**

**18:00 (GMT-5)** Mandatory Athletes Briefing

**18:30 (GMT-5)** Mix Relay Briefing

## 6.5. ATHLETE'S CHECK IN UNIFORM

During the athletes lounge check in

## 6.6. TIMING CHIPS

On race day athletes will be given a timing chip, to be worn on the athletes' ankle. Athletes will pick up the timing chips before the competitions, during their check-in procedure.

## 6.7. RESULTS

Results will be uploaded live at the World Triathlon official website [www.triathlon.org](http://www.triathlon.org).

All the Results information will be distributed to the Team Leaders at the Information Centre (Holiday Inn Hotel)

## 6.8. PROTEST & APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules

# 7. ACCREDITATION

The LOC will provide to all the Organizing Committee Members, World Triathlon Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card.

**Thursday , May 16th**

**18:00 hrs – 19:30 hrs** Biniguenda Hotel

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition venue.

All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Accreditation Cards are mandatory to enter the venue.

## 8. OTHER USEFUL INFORMATION

### 8.1. ACTIVITIES

<https://www.explorehuatulco.com/101-things-to-do-in-huatulco>

### 8.2. LANGUAGE

Spanish, most hotels also speak English

### 8.3. CURRENCY

MXN Mexican Peso

### 8.4. TIME

GMT -5

### 8.5. ELECTRICITY

127 volts

American Style A/B

### 8.6. WATER

Just drink bottled water

### 8.7. TELEPHONE CONNECTIONS

From other countries use +52

### 8.8. WEATHER

Min 23 °C Max 35°C

## 9. COURSE MAPS

### MIX RELAY DISTANCES

#### SWIM

300 m

Number of laps: 1

Ocean Beach start

#### BIKE

6.8 km

Number of laps: 2

Flat, with a minor  
hill in the U turn

#### RUN

2 km

Number of laps: 2

Totally Flat

### SWIM START

#### SWIM COURSE



Start procedures: beach start 60 m wide

The Race Referee with assistance of Technical Officials, who are assigned to the start, will start each race.

Number of laps: 1

Average water temperature 26 C

Map of the swim course

## MAP OF THE SWIM COURSE

<https://apps1.semarnat.gob.mx:8443/dgeia/gob-mx/playas/destinos/huatulco.html>



## TRANSITION 1

A flow through transition has been developed to keep athletes moving forward in one direction. Athletes enter the transition and must deposit swim gear in a bin placed beside the bike racks. Athletes' name, numbers and country code are displayed on the top of each bike rack. After the helmet is secure, athletes unrack the bike by moving forward into the centre lane and towards the mount line.

## BIKE COURSE

Number of laps: 4

Map of the bike course



<https://youtu.be/0VYf77uxGTc>

## TRANSITION 2

The dismount line will be placed 10 meters before the entrance of the transition zone, forward. Athletes enter the transition and must deposit helmet in a bin placed beside the bike racks. Athletes' names, numbers and country code are displayed on the top of each bike rack. After the helmet is in the bin and running shoes are on, athletes exit by moving forward into the centre lane and towards run start line.

## RUN COURSE

Description: flat

Number of laps: 2

Run penalty box will be near the bike dismount line

Map of the run course





## MIX RELAY DISTANCES

### SWIM START

### SWIM COURSE

Start procedures: beach start 60 m wide

The Race Referee with assistance of Technical Officials, who are assigned to the start, will start each race.

Number of laps: 1

Average water temperature 26 C

Map of the swim course



## RELAY BIKE COURSE

Number of laps: 2

Map of the bike course



<https://youtu.be/OVYf77uxGTc>



## RELAY RUN COURSE

Description: flat  
Number of laps: 2  
Run penalty box will be near the bike dismount line  
Map of the run course



GOOD LUCK.



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