



World Triathlon
Cup

BRASILIA
2023

ATHLETES GUIDE



World Triathlon
Cup
BRASILIA
2023



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SHJB III E/Q 3/5, Avenida das Paineiras, Ed. Jardim Imperial,
Bloco B, Sala 14, Jardim Botânico - Brasília/DF CEP: 71681-125
Tel: 55 61 3243-5308 | www.cbtri.org.br
Filiada à World Triathlon | www.triathlon.org



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WELCOME MESSAGE

Dear Participants,

We extend a gracious welcome to the 2023 World Triathlon Cup Brasilia!

We are immensely pleased to have you join us for this exceptional celebration of Triathlon in the heart of Brasilia. As the world's foremost triathletes converge in our lively city, we are poised to witness the potency, determination, and sportsmanship that characterize this extraordinary event.

Over the ensuing days, athletes from across the globe will push their boundaries, navigate the picturesque Paranoa Lake, traverse iconic urban vistas, and surge towards the finish line in pursuit of victory. This is not merely a race; it is a crucible of fortitude, determination, and the pursuit of excellence.

To all the athletes, coaches, officials, and spectators who have journeyed from both near and far to partake in this remarkable event, we offer our most cordial welcome. Your ardor for triathlon amplifies the fervor within our city, and we consider it a privilege to host you.

To the athletes, bear in mind that you carry the aspirations and aspirations of your nations, and you inspire us all with your unwavering dedication and resolve. To the spectators, prepare to witness some awe-inspiring moments and rally for your favorites.

Let us unite in the spirit of sportsmanship and commemorate the incredible journey of these exceptional athletes. May the most deserving triathletes triumph, and may this World Triathlon Cup Brasilia be an indelible experience for all.

Thank you for being an integral part of it!

Warm regards for an unforgettable World Triathlon Cup Brasilia!

Ernesto Teixeira Pitanga President Brasil Triathlon

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CONTACT INFORMATION

Local Organizing Committee

Confederação Brasileira de Triathlon

SHBIII E/Q 3/5, Avenida das Paineiras, Ed. Jardim Imperial,

Bloco B, Sala 14, Jardim Botânico – Brasília/DF CEP 71681-125

Tel +55 61 3246 – 7458

www.cbtri.org.br

[click here](#)

Technical Delegate

Gustavo Svane

email: gustavo.svane@gmail.com

Event Contact

Gustavo Abade and Barabara Fernandes

email: gnabrazil@gmail.com ; eventos@cbtri.org.br

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EVENT SCHEDULE

Friday, 13 October - At Arena BRB

16:30 - 18:00 Registration and race package
distribution

18:00 - 19:00 Athlete's pre race briefing

19:00 - 21:00 Welcome Party

Saturday, 14 October - Along the JK Bridge waterfront / Orla da Ponte JK

09:30 - 10:00 Bike course familiarization

10:30 - 11:30 Swim course familiarization

Sunday, 15 October - Along the JK Bridge waterfront / Orla da Ponte JK

Elite Women

05:15 Athlete's lounge check in

05:45 Transition zone check in

05:45 Swim course warm up

06:30 Athlete's lounge closed

06:45 Transition zone closed

06:45 Swim course warm up closed

06:50 Presentation

07:00 Start

Elite Men

08:15 Athlete's lounge check in

09:15 Transition zone check in

09:15 Swim course warm up

09:30 Athlete's lounge closed

09:45 Transition zone closed

09:45 Swim course warm up closed

09:50 Presentation

10:00 Start

Elite - Man and Women

12:30 Award ceremonies

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GENERAL INFORMATION

Language

The official language in Brazil is Portuguese. Brasília, as the capital city, may have a marginally higher proportion of English speakers compared to certain other regions in the country, owing to its role as a political and diplomatic center. Nevertheless, English proficiency in Brazil, as a nation, generally registers lower levels in comparison to numerous other countries.

Time Zone

Brasília Time (BRT) or Brasília Standard Time (BST)

UTC offset

UTC-3:00

Currency

Brazil's currency is Real. Approximate Exchange rates at the timing of writing are:

R\$ 1,00 = USD 0,20

R\$ 1,00 = EUR 0,19

R\$ 1,00 = GBP 0,16

Weather

In Brasília, October heralds the arrival of spring

Typically, daytime temperatures reach an average high ranging from 28°C to 31°C

Evenings are generally temperate, with temperatures ranging between 16°C and 19°C

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TRAVEL AND ACCOMMODATION

Brasilia International Airport BSB

Address: Lago Sul, Brasília - DF, 71608-900

Website: <https://www.bsb.aero/>

[click here](https://www.bsb.aero/)

Local Transportation

Athletes will have access to a transfer service (Airport x Hotel / Hotel x Airport).

Important:

Athletes / delegations are required to fill out the following form to use the transfer service

<https://forms.gle/dLhPq9xaZRx2EwA38>

[click here](https://forms.gle/dLhPq9xaZRx2EwA38)

Host Hotel

Official Hotel:

Vision Hplus Executive

<https://shre.ink/2LbY>

[click here](https://shre.ink/2LbY)

Other options:

Cullinan

<https://shre.ink/2Luj>

[click here](https://shre.ink/2Luj)

Athos Bulcão

<https://shre.ink/2Lu7>

[click here](https://shre.ink/2Lu7)

Fusion

<https://shre.ink/2LbY>

[click here](https://shre.ink/2LbY)

Saint Moritz

<https://shre.ink/2LbN>

[click here](https://shre.ink/2LbN)

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TRAINNING

Trainning Facilities

Parque da Cidade - the official host hotel is located near “Parque da Cidade”, a safe location for running and cycling training. Park address: SRPS - Brasília, DF, 70655-775

Website: <https://www.esporte.df.gov.br/parque-da-cidade/>

[click here](https://www.esporte.df.gov.br/parque-da-cidade/)

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RACE RULES AND APPEALS

2023 World Triathlon Cup Brasilia will be conducted in accordance with the latest published Competitions Rules of World Triathlon.

The format : 1500m swim, 40km bike and 10km run.

ATHLETE BRIEFING

13th October, 18:00

Arena BRB | Estádio Nacional de Brasília Mané Garrincha

Address: SRPN - Asa Norte, Brasília, DF, 70297-400

Website: <https://arenabsb.com.br/>.

[click here](https://arenabsb.com.br/)

RACE PACKAGE PICK UP

The Race Package pick up will take place before the athlete briefing, at Arena BRB | Estádio Nacional de Brasília Mané Garrincha

Address: SRPN - Asa Norte, Brasília, DF, 70297-400

Website: <https://arenabsb.com.br/>

[click here](https://arenabsb.com.br/)

on Friday, October 13th between 16:30-18:00.

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SWIM



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swim
1500m
1 lap

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POST COMPETITION

POST-COMPETITION RESULTS

Race results will be promptly updated and available live on the World Triathlon Website

PROTESTS & APPEALS

Standard procedures, as outlined in the World Triathlon Competition Rules, will be adhered to

MEDAL CEREMONY

The Men's and Women's medal ceremonies will take place on Sunday at 12:30

CONTINGENCY PLAN

In the event that the contingency plan needs to be activated, athletes will be notified by the Technical Delegate. A concise briefing will be conducted at the athletes' lounge. Furthermore, announcements will be made on-site and through our social media channels.

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The background is a vibrant, abstract composition of organic, flowing shapes in various shades of blue, green, and white. The shapes overlap and curve, creating a sense of movement and depth. The central area is a solid blue, providing a clear space for the text.

**HAVE
A GREAT
RACE!**