





 swim (750 m, 1 laps)

 bike (20 km, 2 laps)

 run (5 km, 2 laps)

 T1 TA 1  T2 TA 2  F finish

 first aid  parking  bus stop


 public shuttle

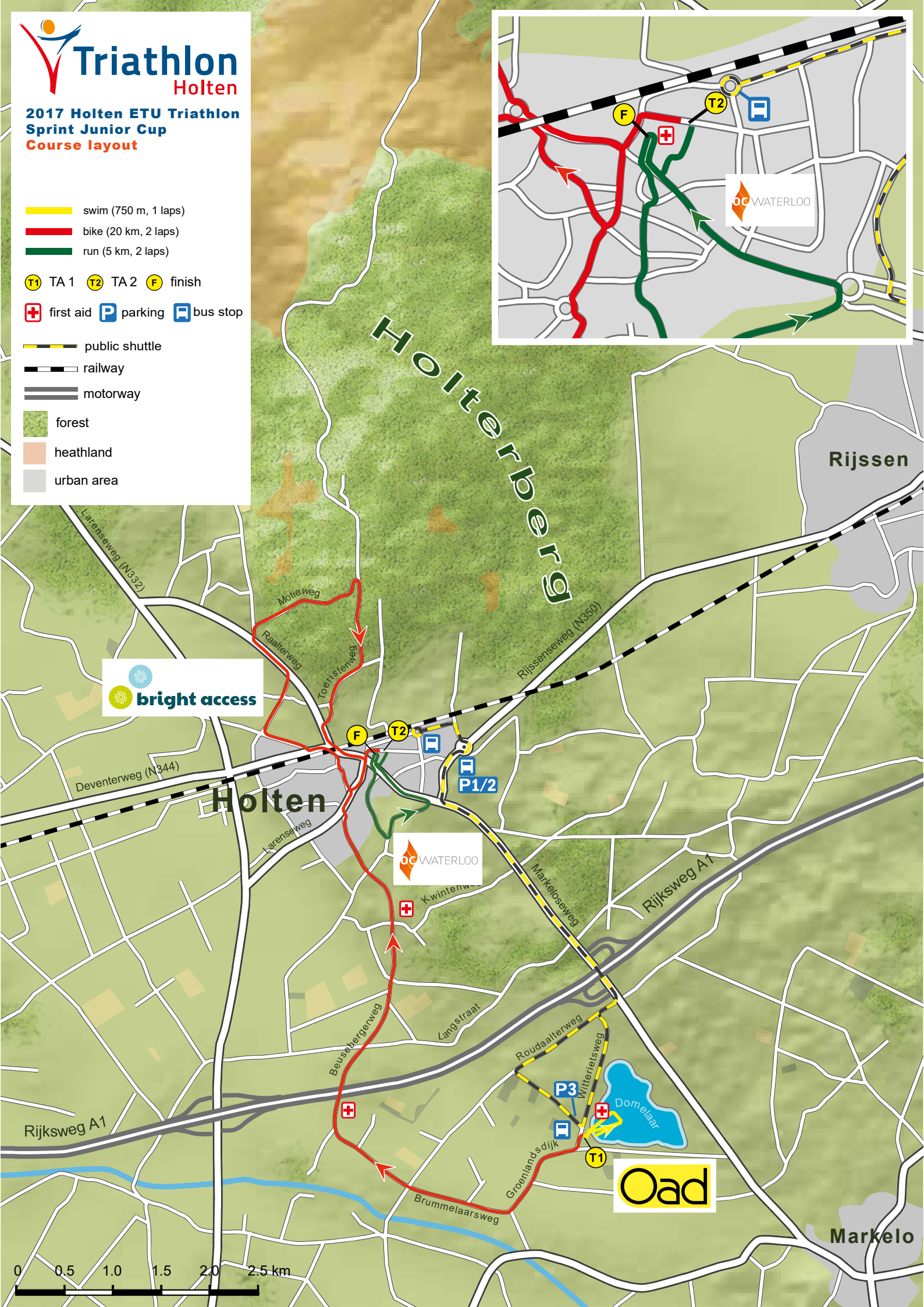
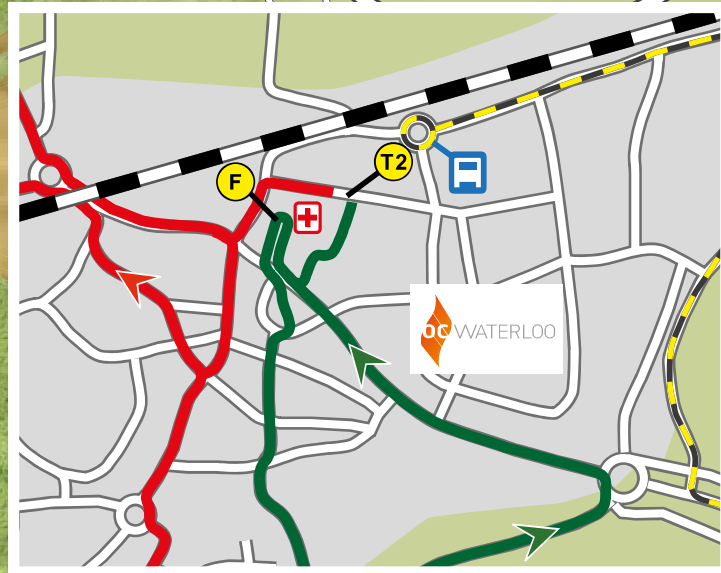
 railway

 motorway

 forest

 heathland

 urban area



Markelo