



Athletes Guide 2017



ITU World Paratriathlon Events Iseo-Franciocorta (BS)

08th July 2017

paratriathlon

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1. GENERAL INFORMATION

1.1 Introduction

The purpose of the Athletes Info Guide is to ensure that all Paratriathlon Athletes and Team Leaders are well informed about all procedures concerning the Event. The LOC has made every effort to ensure that the information contained in this Guide is correct and up-to-date. However, Team Leaders are advised to check with the Sport Info Center concerning any changes in the information included in this guide.

1.2 Key Dates

Athletes Briefing: Hotel Iseolago, Via Colombera 2, Iseo	Friday July 7th, 18h00
Athletes Registration and Race Packet distribution: Via Colombera 2, Iseo	Friday July 7th, 19h00
Welcome Party: Hotel Iseolago, Via Colombera 2, Iseo	Friday July 7th, 20h00
Start ITU World Paratriathlon World Cup: Port Gabriele Rosa	Saturday July 8th, 15h58
Award Ceremony: Piazza Garibaldi, Iseo	Saturday July 8th, 19h00

1.3 Key Contacts

ITU Technical Delegate	Jane Vine	jane.vine@waitrose.com
Executive Director	Luca Lamera	lucalamera@mac.com
LOC Paratriathlon Coordinator	Neil Mac Leod	neilaml@hotmail.com
Technical Director	Matteo Annovazzi	matteoanno@inwind.it
ITA Nf Liaison Officer	Gabriella Lorenzi	gabriellalorenzi@fitri.it
Press Office	Micol Ramundo	micol.ramundo@get-s.it
Athletes Services – Accreditation	Laura Cristiani	info@ecorace.net

1.4 Contact Details

Executive Director Luca Lamera
 Street address: Via dell'Armonia, 19/B, 24058 Romano di Lombardia (BG)
 Phone: 0039.335.7256699
 Email: info@ecorace.net
 Website: www.ecorace.net



<https://www.facebook.com/pages/ECO-RACE-Events/158210297627622?fref=ts>



<https://www.flickr.com/photos/121168214@N04/>



<https://twitter.com/EcoRaceSrl>



<https://www.youtube.com/channel/UCXlendz8Da5wA17OHYApEJQ>

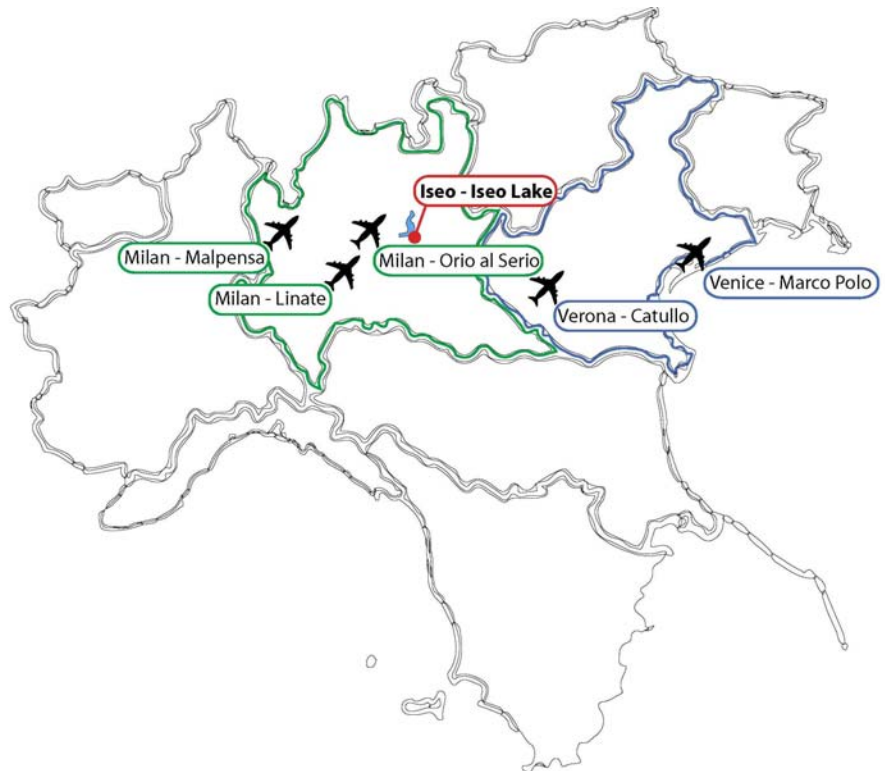
2. VENUE

2.1 Venue

The venue is in the city of Iseo, Lombardy, northern Italian region

DIRECTIONS TO ISEO FROM NEAREST AIRPORTS

		
Milan Orio al Serio - Iseo	39.5 km	40 min
Milan Linate - Iseo	82.5 km	70 min
Milan Malpensa - Iseo	118 km	90 min
Verona Catullo - Iseo	83 km	60 min
Venice Marco Polo - Iseo	206 km	120 min



2.2 Elite Athletes Lounge

Facilities including athletes' lounge and toilets are provided for the athletes in Via Porto (see the logistic map)

2.3 Medical Services

First Aid and Emergency Medical Services will be available during the competition hours to anyone requiring medical assistance. Medical Tents will be provided on site at the recovery zone. Teams should ensure that they have appropriate medical insurance.

Doping Control will be performed according to the ITU/WADA rules

2.4 Bike Mechanic Centre

There will be bike support available at 200mt far from the transition area, nearest the parking on Via Repubblica Saturday from 13h30 to 16h00

2.5 Security

Police will manage the Road Closures and the traffic throughout the course

3. ACCOMODATION

HOTEL

DISTANCE FROM THE RACE VENUE

Ambra Hotel Iseo

Porto Gabriele Rosa, 2
25049 Iseo (Bs)
Phone 0039.030.980130
www.ambrahoteliseo.it

50mt

Hotel Ristorante Milano

Lungolago G. Marconi, 4
25049 Iseo (Bs)
Phone 0039.030.980449

www.hotelmilano.info

100mt

Borgolago Suites

Via Sambuco, 23
25049 Iseo (Bs)
Phone 0039.030.9822497
www.borgolago.com

150mt

International Hotel

Via Martiri della Libertà, 9
25049 Iseo (Bs)
Phone 0039.030.9840091
www.internationalhoteliseo.it

300mt

Hotel Iseolago

Via Colombera, 2
25049 Iseo (Bs)
tel 0039.030.9889299
www.iseolagohotel.it

1Km

Hotel La Mosa Provaglio D'Iseo

Via Sebina, 23
25050 Provaglio di Iseo (Bs)
Phone 0039.030.9883262
www.hotellamosa.com

3Km

4. TRANSPORTATION

Getting to Iseo:

By Car: Motorway: A4 Milano/Venezia: exits Palazzolo sull'Oglio, Rovato.
 By Train: Brescia – Edolo (Iseo Station)
 By Plain: Bergamo 40 km (Bus Bergamo-airport, Sarnico-bus station, Bus to Iseo)

LOC will provide special price for the rental car and private transfer service from the international airports of Brescia, Verona, Milano through the "Air Car Service Company".

To reserve your transfer service, please send a request complete of date of arrival/departure, airport and hour selected, name/surname and your flight schedule to the booking centre contact _airport@aircarservice.com



BY AIR CAR SERVICE S.R.L.

Via Folzoni 17
 24052 Azzano San Paolo (BG)

Contact: Paola Lorenzi
 Booking Code: ITU Event Iseo-Franciocorta
 Phone: +39.035.38.44.411
 Fax: +39.035.38.44.412
 e-mail: airport@aircarservice.com
 Web site: www.aircarservice.com

PRICE PER CAR (BERLINA) ONE WAY	PRICE	DISTANCE	TIME
From Bergamo airport to Iseo	€ 66,00	39,5km	40 min.
From Milano Linate airport to Iseo	€ 132,00	82,5km	70 min.
From Milano Malpensa to Iseo	€ 187,00	118km	90 min.
From Verona airport to Iseo	€ 132,00	83km	60 min.
From Venezia airport to Iseo	€ 297,00	206km	120 min.

Extra charge for Minibus: 30€uro
 Payment: cash or credit card (VISA or Mastercard)

5. TRAINING

5.1 Course Familiarization

You will be able to have the following course familiarizations for the athletes registered in the LOC Office:

- ▶ Saturday, from 9h00 to 10h00 Bike course Familiarization: start area
- ▶ Saturday, from 10h00 to 11h00 Swim course Familiarization: start area

During the course familiarization there will be medical services available.
During the bike course familiarization LOC will escort the athletes round the course.

5.2 Training Sessions in the Swimming Pool

Pre-competition swimming training is possible in the following 25m pools:

PISCINA SASSABANEK - Outdoor Swimming Pool: 25 mt

Location: Via Colombera 2 – Iseo

Distance from the race venue: 500mt

PISCINA ACQUARÈ - Indoor Swimming Pool: 25 mt

Location: Via Monsignor Daffini - Provaglio d'Iseo(BS)

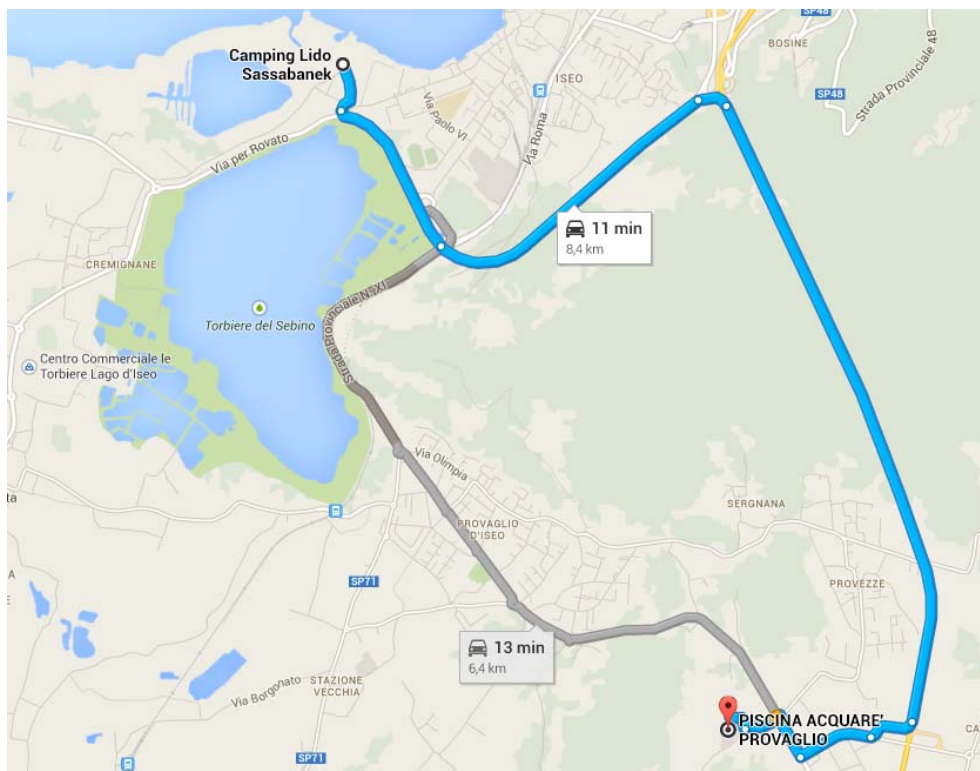
Distance from the race venue: 3km

The lanes in the 25m pools will be available without pre-reservation during the following hours:

Friday July 7th: 09:00 – 18:00

Saturday July 8th: 09:00 – 12:00

There are no secure bike storage facilities. **Free entrance athletes/coaches accredited in the official start list ID document mandatory.** Athletes can practise in the swimming pool at their own risk.



6. COMPETITION INFORMATION

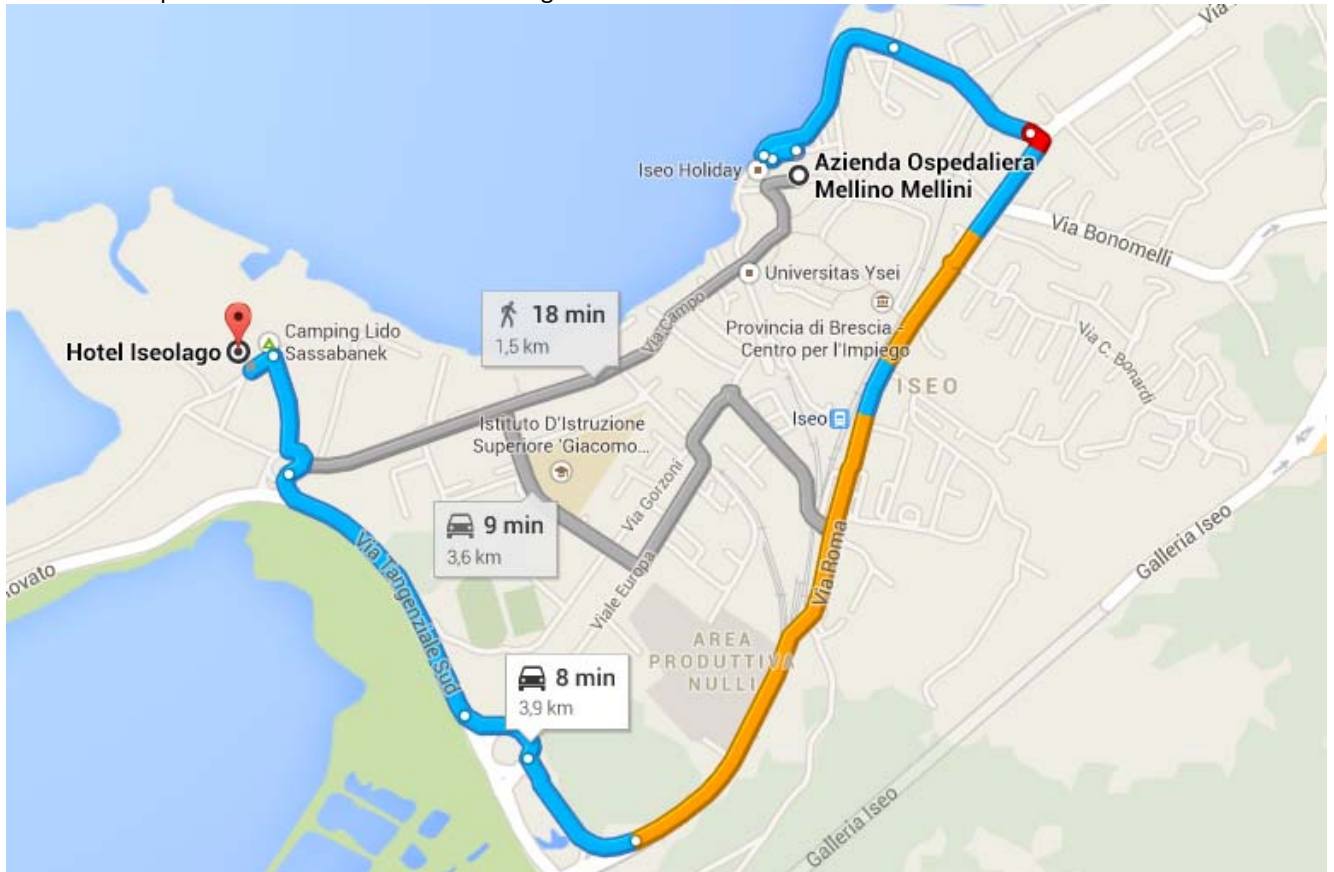
6.1 Competition Schedule

Friday July 7 th		
Friday 7 th July	18:00	Athletes Briefing: Hotel Iseolago Via Colombera 2, Iseo
Friday 7 th July	19:00	Athletes Registration and Race Packet distribution: Via Colombera 2, Iseo
Friday 7 th July	20:00	Welcome Party: Hotel Iseolago Via Colombera 2, Iseo
Saturday July 8 th		
Saturday 8 th July	9:00-10:00	Bike course Familiarization: start area
Saturday 8 th July	10:00-11:00	Swim course Familiarization: start area
Saturday 8 th July	13:00-15:00	Athlete's Lounge: Port Gabriele Rosa
Saturday 8 th July	14:00-15:30	Check in Transition Area: Port Gabriele Rosa
Saturday 8 th July	15:58	Start ITU World Paratriathlon World Cup: Port Gabriele Rosa
	15:58	PTS5 Men Start
	15:59	PTS5 Women Start
	16:00	PTVI-B1 M/W Start
	16:03:16	PTVI-B2/3 Men Start
	16:03:42	PTVI-B2/3 Women Start
	16:08	PTS4 Men Start
	16:09	PTS4 Women Start
	16:10	PTS2-3 Men Start
	16:11	PTS2-3 Women Start
	16:28	PTWC-H1 M/W Start
	16:31:35	PTWC -H2 Men Start
	16:32:48	PTWC -H2 Women Start
Saturday 8 th July	19:00	Award Ceremony: Piazza Garibaldi, Iseo
Sunday July 9 th		
Sunday 9 th July	11:45	Italian Olympic Triathlon National Championship – No Draft
Sunday 9 th July	16:30	Award Ceremony: Italian Olympic Triathlon National Championship

6. COMPETITION INFORMATION

6.2 Athletes Race Packets

Athletes' race packets will be distributed at the registration and accreditation office.



6. COMPETITION INFORMATION

6.2.1 Registrations

- Athletes must sign the ITU Athletes' Agreement, which states that any dispute arising from the ITU Rules that cannot be settled by its existing appeal procedure, shall be settled finally by the Court of Arbitration for Sport (CAS) in Lausanne, Switzerland, to the exclusion of recourse to ordinary courts. Once signed, the ITU Athletes' Agreement is valid until the end of the competition year it has been signed.
- National Federations are responsible for entering their athletes and coaches for all ITU Events using the ITU online system on www.triathlon.org.
- All questions regarding entries must be submitted via e-mail to entries@triathlon.org.
- Athletes must provide picture ID at race registration/packet pick-up prior to competition
- The official start list will be produced and published inside the ITU web site www.triathlon.org. No athlete will be included in the start list if the entry has not been processed through ITU on line entry system.
- **ENTRY FEE – ITU World Paratriathlon World Cup: Free**

REMEMBER: Athletes must contact their NF to enter them via the ITU Online System if they want to be entered for an ITU race. There are no exceptions here

6.3 Timing Bands

On the race day, athletes will receive two timing chips. Athletes will pick up the timing chips before the competitions, during their check-in procedure. Athletes have to return the timing band, in order to collect their bike from the Transition Area, after the race.

6.4 Competition Rules

The ETU/ITU Event will follow the latest published Competitions Rules of the International Triathlon Union.

6.4.1 ITU Uniform Rules: to compete in ITU events, all the athletes must comply with the ITU Uniform Rules.

Please download the here enclosed to document:

http://www.triathlon.org/uploads/docs/Paratriathlon_uniform_rules_15122015.pdf

Please Remember

- There are not restrictions in terms of colours, but the sponsor's logo must be positioned in the allotted sponsor space
- Family Name, NOC code and ITU logo are mandatory

6.5 Insurance

The LOC has insurance with a reputable insurance company, a standard public liability and property damage insurance policy to cover the risks of insurable nature under this Agreement and the staging of the Event and related events. The insurance policy has named, as insured ITU Executive Board Members, ITU Staff, ITU International Officials, the Global Partners, Global Sponsors, the ETU Executive Board and Staff, the respective LOC directors, officers, agents, volunteers, employees and contractors. All athletes and team support personal must carry their own medical insurance.

6. COMPETITION INFORMATION

6.6 Medical Services at the Venue:

First Aid and Emergency Medical Services, 3 Ambulances will be available to anyone requiring medical assistance at the venue, on Saturday July 8th. Medical and paramedic personnel will be available throughout competition times. A Medical Tent will also be provided on site at the finish area.

The person in charge for the Medical Area, Dott. Stefanini, mobile 0039.333.8406244 (only Saturday July 8th)

HOSPITAL: AZIENDA OSPEDALIERA MELLINO MELLINI – OSPEDALE CIVILE DI ISEO
 Giardini Giuseppe Garibaldi, 7 - 25049 Iseo - telefono 0039.030 98871

6.7 Medications:

Athletes are advised to bring sufficient quantities of medications for personal use. It is wise to bring a letter from your personal doctor confirming your medical history and medication in case of emergency. If you have been prescribed a medication that is for restricted use in the WADA code, please ensure that you have submitted a TUE with your triathlon federation

6.8 Information about the FOP

6.8.1 Swim Course: One lap of 750 metres in the Lake of Iseo, one of the most astonishing small lakes of the world

6.8.2 Bike course: 3laps x 7,1km, technical with two U-Turns each lap and a breathtaking view over the lake and a peculiar passage in the old city center of Iseo

6.8.3 Run Course: 200 m + 3 laps of 1.6km completely flat

6.8.4 Tecnical area: Technical Area will be located on the bike course. In this area is allowed fixing and assistance

6.8.5 Distances: road closure confirmed during the race (2:30hours)

Category	Swim	Bike	Run
Paratriathlon: 6 sport classes PTWC- PTS2 - PTS3 PTS4 - PTS5 - PTVI	750m – 1 lap	21,3km- 3laps	5km - 3laps

6.8.6 Aid Station: Aid station will be located at the finish area (beyond the finish line)

6.8.7 Weather Conditions: Weather Conditions for July: Maximum Temp: 28C° Minimum Temp:17C°

6.8.8 Results Results will be uploaded live at the ITU official website www.triathlon.org . Also live coverage of the race will be displayed through the web page.

6.8.9 Protest & Appeals: Standard procedures will be followed according to the ITU Competition Rules.

6.8.10 Sport Massage Service: available to the athletes after the race at the transition area

7. ACCREDITATION

The LOC will provide to all the organizing committee members, ITU Technical Officials, athletes, VIPs, media, technical staff, court personnel, volunteers, etc., the official Accreditation Card. Accreditations will be distributed at the Race Office before the Technical Briefing. Only accredited people will be allowed to access certain venue areas. Accreditation Cards are colour-coded and provide access to specific areas of the competition areas. All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request.

8. ATHLETES SOCIAL EVENTS

8.1 Briefings

Date: Friday 7th July 18h00

Briefing location: **Hotel Iseolago**, Via Colombera, 2 - 25049 Iseo (Bs) - www.iseolagohotel.it

9. USEFUL INFORMATION

- 9.1 **Language** The official language in Iseo is the Italian
- 9.2 **Population** 9.094 people live in the city of Iseo
- 9.3 **Currency** The currency of Italy is the Euro. Most major currencies may be exchanged at banks
- 9.4 **Time** Iseo time is (GMT +01:00)
- 9.5 **Electricity** The electric current is 220 volts
- 9.6 **Water** Running water is appropriate for drinking
- 9.7 **Telephone** If calling from abroad to Italy dial +39
To call abroad from fixed telephones in Italy must dial the prefix 00, the country code and the phone selected. Vodafone, Tim, Wind and Tre are the major mobile phone service providers in Italy.

10. USEFUL NUMBERS

MEDICAL EMERGENCY

AZIENDA OSPEDALIERA MELLINO MELLINI – OSPEDALE CIVILE DI ISEO

Giardini Giuseppe Garibaldi, 7 - 25049 Iseo - telefono 0039.030 98871

CROCE ROSSA ITALIANA

Via per Rovato, 13 - 25049 Iseo - telefono 0039.030.9840769 - numero emergenza 118 - www.cri.it

GUARDIA MEDICA SERVIZIO DI CONTINUITÀ ASSISTENZIALE

Giardini Giuseppe Garibaldi, 2 - 25049 Iseo - telefono 0039.030 9868757

PHARMACIES

FARMACIA COMUNALE

via Roma, 84 - 25049 Iseo - telefono 0039.030 980322 - www.farmacia@comune.iseo.bs.it

FARMACIA GANDOSI

piazza Giuseppe Garibaldi, 38 - 25049 Iseo - telefono 0039.030 980630 - www.farmacীগandossi.it

FARMACIA MACULOTTI PAOLA

via Risorgimento, 91 - 25049 Clusane - telefono 0039.030 989029 - www.farmaciamaculotti.it



10. USEFUL NUMBERS

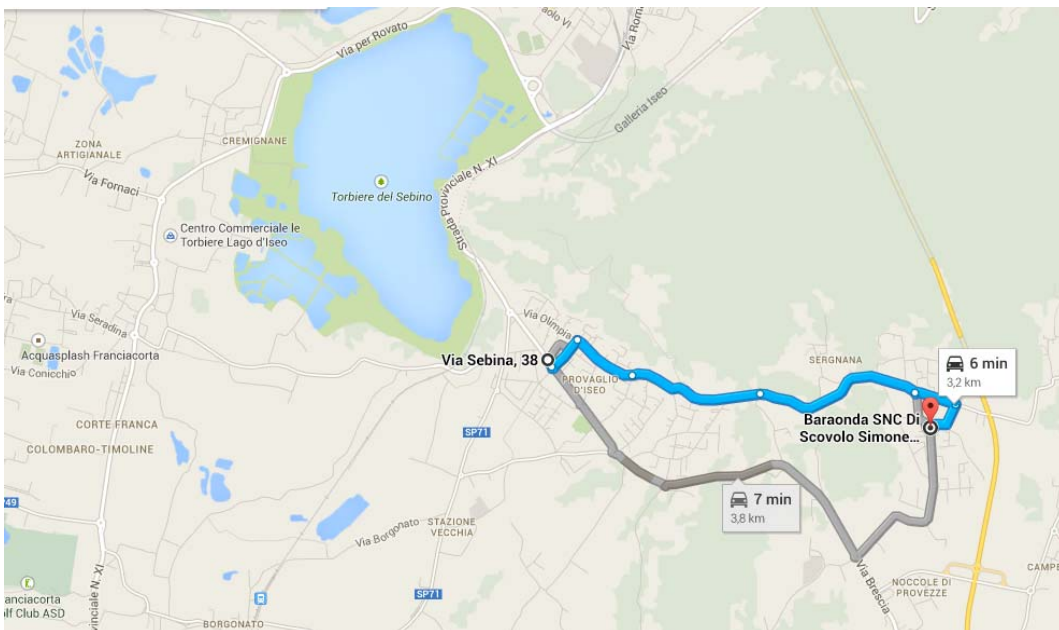
PHARMACIES

ANTICA FARMACIA CUCCIA DR. ROBERTO

Via Sebina, 38 25050 Provaglio D'iseo (BS)

PARAFARMACIA DOTT. GHEZA

Via Montegrappa, snc 25050 Provaglio D'iseo (BS)



EMERGENCY

POLIZIA

Via Mirolte, 78 - 25049 Iseo - telefono 030 980093

orari: Lunedì chiuso - Martedì 8-12 - Mercoledì 8-12 - Giovedì chiuso - Venerdì 8-12 - Sabato 8-12

CARABINIERI

Via Roma, 53 - 25049 Iseo - telefono 030 9822262 - numero emergenza 112