



CONSTITUTION

Of

Sri Lanka Triathlon

(SLT)

(Adopted March 2014)

Adopted **March 2010, SLT General Committee, Colombo**
Amended **March 2014, SLT General Committee, Colombo**

Article 1.00 Name

- 1.01 This National Sports Association formed as an unincorporated and nonprofit making association shall be known “Sri Lanka Triathlon” hereinafter referred to as SLT.

Article 2.00 Definition and Jurisdiction

- 2.01 SLT shall be the sole national governing body in Sri Lanka for the sports of Triathlon, Duathlon, Aquathlon, Aqua-Bike, Winter Triathlon, and the off-road versions of these sports.
- 2.02 Triathlon is the sport which comprises any combination of swimming, cycling, and running. Duathlon is the sport which comprises any combination of running and cycling. Aquathlon is the sport which comprises any combination of swimming and running. Aqua-Bike is the sport which comprises any combination of swimming and cycling. The sports of Triathlon referenced in this document shall include, but not be limited to Triathlon, Duathlon, Aquathlon, Aqua-Bike, Winter Triathlon, and the off-road versions of these sports.
- 2.03 Exercise exclusive jurisdiction in Sri Lanka over all multi-sports, which are in the spirit Triathlon, including Aquathlon and Duathlon in Olympic Games, Asian Games, World Championships, Commonwealth Games, South Asian Games and other international and local competitions.

Article 3.00 Affiliation

- 3.01 SLT shall be affiliated to the International Triathlon Union hereinafter referred to as ITU and the Asian Triathlon Confederation hereinafter referred to as ASTC.
- 3.02 SLT shall be affiliated to the Sri Lanka Olympic Committee hereinafter referred to as SLOC.

Article 4.00 Objectives and Purpose

- 4.01 Organizing and supervising Triathlon, Duathlon, and Aquathlon competitions among SLT members for all competitors of all ages.
- 4.02 Organizing and supervising coaching camps and clinics for athletes and event officials.
- 4.03 To commission, author, prepare and publish video, audio, graphic and written study materials on triathlon, duathlon, and aquathlon training, racing and similar matters.
- 4.04 Encouraging SLT members in their endeavors to raise the level of performance in these events.
- 4.05 Aiding the interests and well being of SLT members.
- 4.06 Supporting the aims, ideals and principles of the Olympic movement and supporting efforts undertaken by ITU and ASTC to ensure the continued inclusion of the sport of Triathlon in the programme of the Olympic Games, Asian Games, Commonwealth Games, South Asian Games and other international multi-sport games.
- 4.07 Ensuring that there shall be no discrimination of members or of individual athletes, on the grounds of race, religion, politics or sex or other consideration in the affairs of SLT.
- 4.08 Implementing strict doping controls in SLT events to ensure fair competition for all athletes.
- 4.09 Undertaking or supporting any other initiatives, which will help in securing the participation of further members in Triathlon.
- 4.10 Identify athletes having the competitive potential and desire to excel in the Olympic Games, and seek the best representation for Sri Lanka in the Olympic Games, the Asian Games, Commonwealth Games, South Asian Games and in other international competitions in the sports of Triathlon.

Article 5.00 Logo of SLT

- 5.01 The logo shall be depicted in Annexure 1.
- 5.02 The description and colours shall be described in Annexure 2.

Article 6.00 Membership

- 6.01 SLT membership is open to clubs or associations in Sri Lanka that organize, and promote the sports of Triathlon and seek to field athletes for SLT competitions.
- 6.02 A club or association wishing to become a member shall apply in writing to the Secretary General declaring an undertaking to observe and be bound by the provisions of this constitution, enclosing a copy of its own constitution, details of the names of its executive officers, one year's annual membership in advance and evidence of participation in Triathlon events by its members. On receipt of an application for membership, the Executive Committee shall consider the case and, if thought fit, grant provisional membership and recommend that the General Committee approve and confirm the membership.
- 6.03 There shall be a one time application fee and an annual fee to be paid by all the members which shall be set and revised only by the General Committee. The annual fee shall be paid before 31st January of each year.
- 6.04 There shall be two (2) categories of membership. Competition members shall have the right to vote. Participation members shall not have the right to vote.
- 6.05 All members at the time of joining shall apply to join as Participation Members. Members who achieve the competition and other standards set forth by the Executive Committee will be invited to apply for Competition Membership.
- 6.06 Competition membership can be suspended or revoked by the Executive Committee if and when the stipulated standards are not being met. The suspended or revoked member will lose all rights and privileges accorded to a Competition Member. Once suspended or revoked the member will assume rights and privileges granted to a Participation Member until such time the Executive Committee is satisfied and re-instates the Competition Membership.
- 6.07 Membership shall cease in the event of a member giving written notice of its intention to resign and maybe terminated upon a resolution in the General Committee passed by at least 75% of members present.

- 6.08 Honorary Membership can be conferred by the General Committee upon a person who has rendered the SLT exemplary service.

Article 7.00 Governance

- 7.01 Authority and responsibility and governance of SLT lie in the following order of precedence:
1. General Committee
 2. Executive Committee
 3. Standing Committees (Technical, Medical, Media, Marketing, Coaching, Women's and Athletes' Committees)

Article 8.00 General Committee

- 8.01 General Committee comprises Competition and Participation members and those individuals serving on the Executive Committee. Each voting member shall be entitled to be represented by up to two (2) individuals at meetings and each non voting member shall be entitled to be represented by one (1) individual at meetings of the General Committee. The names and addresses, together with details of the individual nominated as the lead representative shall be communicated in writing to the SLT not later than thirty days (30) before the proposed meeting date of the General Committee. Each voting member shall be entitled to one (1) vote which shall be cast by the lead representative.
- 8.02 The Secretary General can extend invitation to the Honorary Members to attend the meeting but they shall not have any right to vote. Members of the Executive Committee attending the General Committee meeting shall have no right to vote.
- 8.03 SLT General Committee meetings shall be organized annually and the date and place of the general committee meeting shall be communicated to all Members in good standing at least forty five (45) days prior to the meeting.
- 8.04 Special General Committee meetings will be called when very important and urgent matters need to be decided by the General Committee, upon written request to the Secretary General on the part of at least 1/3 of the members in good standing.
- 8.05 The quorum of the General Committee shall be at least 50% of the numbers in good standing. The business of the General Committee may comprise but not limited to:
1. Roll call of members
 2. Minutes of the last General Committee meeting
 3. Matters arising out of the minutes
 4. Admission of new members
 5. Annual fees and membership dues
 6. Report of Executive Committee
 7. Reports of Standing Committees

8. Report of Nationals Championships
9. Adoption of annual budget
10. Amendments to the SLT Constitution if any
11. Motions and Resolutions
12. Elections
13. Appeals against sanctions
14. Appointment of Auditors

Article 9.00 Executive Committee

- 9.01 The Executive Committee is responsible for supervising and directing the proper functioning of the SLT between its General Committee meetings.
- 9.02 The power of the Executive Committee shall include the following:
1. Authorizes the President to represent the SLT
 2. Authorizes the Secretary General to administer the daily business of SLT
 3. Elects a Senior Vice President from the elected Vice Presidents
 4. Delegates the Treasurer to carry out all work relating to finance
 5. Carries out decisions made by the General Committee
 6. Prepares and submits resolutions to the General Committee
 7. Grants provisional membership to clubs and associations
 8. Invites Participation Members to apply for Competition Membership
 9. Revokes, suspends and re-instates Competition Membership
 10. Imposes sanctions
 11. Supervises the strict application of the Constitution
 12. Fills in vacancies in Committees
 13. Prepares and approves conditions and selection criteria for all international and local championships
 14. Sanctions events and approves sanction fee
 15. Selects Managers and Delegates to local and international competitions and conferences
- 9.03 The Executive Committee shall meet at least once every two (2) months. The quorum of the meeting shall be at least five (5) members of the Executive Committee.
- 9.04 The Executive Committee comprises seven (7) members: President, two (2) Vice Presidents, Secretary General, Treasurer and two (2) Committee members out of which one (1) is reserved for a woman. The term of office for the Executive Committee shall be four (4) years from the time of his/her election.
- 9.05 In the event of a post becoming vacant due to death, resignation, withdrawal from SLT membership of the nominating club or association, (subject to the ratification of the Executive Committee), the vacancy shall be filled by election at a General Committee meeting, except that the term of the office shall be the remaining term of office of the departing member.

Article 10.00 Duties of Honorary Officers

- 10.01 The President shall represent the SLT at all functions. He/She shall preside over all the meetings of the Executive Committee and General Committee.
- 10.02 The Senior Vice President shall preside over the Executive Committee meetings and General Committee if the President is absent. Likewise if the Senior Vice President is absent then the other Vice President shall preside over the meeting.
- 10.03 The Secretary General shall be responsible for the day-to-day administration and for the provision of support to its various bodies. He/She shall:
1. Sign all correspondence which deals with members and other regional or international bodies.
 2. Keep members informed of SLT business and developments and shall execute the policies of the SLT as directed by the General Committee and the Executive Board.
 3. Prepare meetings of General Committee and Executive Committee.
 4. Arrange and keep minutes of General Committee and Executive Committee meetings.
 5. Keep a register of members.
 6. Represent the SLT if and when the President is unavailable
- 10.04 The Treasurer is responsible for the stewardship of the SLT's finances. He/She shall:
1. Invest the funds of the SLT as authorized by the Executive Committee.
 2. Collect revenues and make payments on behalf of SLT.
 3. Submit annual report to General Committee concerning the financial situation of SLT.
 4. Adhere to regulations and maintain accounting standards.
 5. Sign, with the President and the Secretary General on behalf of SLT, marketing and sponsorship agreements.
 6. Prepare annual budget.
 7. Sign cheques for withdrawal from the bank, with the President or the Secretary General.
 8. Receive all fees and assessments.

Article 11.00 Committees and Commissions

- 11.01 Members shall nominate members of committees and the General Committee shall undertake appointments at the election year. Term of appointment is from one election year to the next. Where a vacancy occurs, it shall be filled at the next General Committee meeting for the remaining period of the term of appointment. Committees are standing committees of SLT and shall meet at least once in three (3) months.
- 11.02 The Technical Committee shall comprise three (3) persons and shall:

1. Supervise the strict application of the competition rules.
2. Prepare motions concerning amendments to the competition rules and regulations.
3. Prepare clinics for coaches, referees, etc.
4. Prepare and control examination for international referee candidates.

11.03 The Medical Committee shall comprise two (2) persons and shall:

1. Establish conditions at SLT sanctioned competitions, which ensure health and safety of all participants.
2. Perform doping controls at Nationals and other SLT events. Inform the Jury President of the competition and ASTC Secretary General if there is a report from the laboratory on positive test of an “A” sample and give its advice.
3. Organize medical seminars and research in field of endurance for multi-sports.

11.04 The Media Committee shall comprise two (2) persons and shall:

1. Update the SLT website as and when necessary.
2. Liaise with local and international media on SLT activities.
3. Release authorized information to print and electronic media.

11.05 The Marketing Committee shall comprise two (2) persons and shall:

1. Analyze the relevance of SLT’s services in relation to stakeholder’s requirements
2. Develop a marketing communication strategy.
3. Manage sponsorships.
4. Develop and manage a marketing strategy.

11.06 The Women’s Committee shall comprise two (2) persons and shall:

1. Ensure equality of opportunity, recognition and reward for women in Triathlon.

11.07 The Athlete’s Committee shall comprise two (2) persons who shall be active athletes and shall:

1. Seek comments and suggestions from the athletes and communicate them to SLT.
2. Look after the interest of athletes.

11.08 The Coaching Committee shall comprise two (2) members and shall:

1. Conduct coaching course for coaches.
2. Hold camps for triathletes.
3. Prepare Sri Lankan triathletes to world standard.

11.09 The President, Secretary General and Treasurer will be Ex-officio members of all committees.

11.10 Ad-hoc Commissions may be formed by the Executive Committee for specific tasks of a temporary nature in the promotion and development of SLT.

Article 12.00 Procedural Matters

- 12.01 Motions to General Committee must be received by the SLT Secretary General at least sixty (60) days prior to General Committee meeting.
- 12.02 Motions must be submitted in writing and signed by the President of the member
- 12.03 Modification to the Constitution and Competition Regulations are decided by General Committee.
- 12.04 Motions concerning modifications to the Constitution and Competition Regulations must be accompanied by argument for their justification.
- 12.05 Motions duly received by the Secretary General must be circulated to all members at least forty-five (45) days prior to General Committee meeting.
- 12.06 Motions may be submitted by Members, Executive Committee and other Committees of SLT.
- 12.07 No point outside the Agenda for the meeting may be brought to debate, without the consent of at least 2/3 of the delegates' present and entitled to vote.
- 12.08 At least 2/3 majority of votes are required to carry a motion concerning changes to this Constitution, the decision to implement any sanctions against a member or athletes and the elections of Honorary personages.
- 12.09 Winding up the affairs and dissolution of SLT requires at least 4/5 majority of votes in favour of such a motion at two (2) successive meetings of General Committee.
- 12.10 A simple majority vote is enough to carry all other motions.
- 12.11 All voting is done by raising of hand by members eligible to vote. However, if a secret ballot is requested, it will be organized. Election Voting will be done by secret ballot.
- 12.12 Electronic mail (e-mail) votes will be organized whenever necessary in the Executive Committee and Standing Committees.

Article 13.00 Elections

- 13.01 All Executive Committee Members are elected for a period of 4 (four) years, beginning immediately after the day of election. Candidates for the Executive Committee shall be nominated by his or her own Club or Association that has voting rights and the candidate form duly filled and signed by the Secretary of the relevant Club or Association. The candidate form must be received by the Secretary General forty-five (45) days before the election. A person may be nominated only for one position and elected to only one office in SLT.

13.02 The order of election is:

1. President
2. 2 Vice Presidents
3. Secretary General
4. Treasurer
5. 2 Committee Members

13.03 Election shall be done by secret ballot. More than 50% of the votes cast are required to be elected. If no candidate receives more than 50% of votes, the candidate with the lowest number of votes is eliminated. If two or more candidates received the same and the lowest votes, they will not be eliminated and a new ballot including only those candidates shall be organized in order to solve the tie. If there is another tie, lots shall be drawn to decide which candidate involved in the tie should be eliminated. Consecutive ballots shall be organized until the election is decided.

Article 14.00 SLT Competitions

14.01 The official competitions of SLT are:

1. National Championships (Olympic Distance)
2. Duathlon Championships
3. Aquathlon Championships
4. Sprint Championships
5. Long Distance Championships

14.02 National Championships for men and women shall be organized annually and shall be the elite Triathlon event in the SLT calendar. Duathlon, Aquathlon and Sprint championships shall be organized on a regular basis and these events shall be for both sexes and can have age group categories if required.

14.03 The SLT shall ask for bidding for events to the members on the terms and conditions decided by the SLT Executive Committee. For all SLT official competitions entries and correspondence will be accepted and recognized only from member clubs and associations.

14.04 For the South Asian Games, the SLT shall lobby and make all reasonable effort to ensure that the South Asia Olympic Council (SAOC) includes Triathlon as a regular sport in the South Asian Games programme.

Article 15.00 Competition Rules

15.01 International Triathlon Union (ITU) Competition rules shall apply for all SLT Competitions unless otherwise stipulated in SLT's Competition Regulations.

Article 16.00 Athletes' Eligibility Rules & Selections

16.01 SLT shall follow ITU Rules on eligibility for SLT events, unless otherwise stipulated in SLT's Competition Regulations.

- 16.02 SLT shall follow ITU Rules on eligibility for all competitions related to ITU events.
- 16.03 SLT shall follow ASTC Rules on eligibility for all competitions related to ASTC events.
- 16.04 SLT shall follow IOC Rules and By-laws on eligibility for all competitions related to Olympic Games.
- 16.05 SLT shall follow OCA Rules and By-laws on eligibility for all competitions related to Asian Games or other events under the auspices of OCA.
- 16.06 SLT shall follow CGF Rules and By-laws on eligibility for all competitions related to Commonwealth Games.
- 16.07 SLT shall follow SAOC Rules and By-laws on eligibility for all competitions related to South Asian Games or other events under the auspices of SAOC.
- 16.08 Athlete selections for all SLT invited international events shall be made by an independent Selection Committee for Triathlon as per Article 3.03 of the Constitution. Athlete selection criteria shall be decided by the Executive Committee.

Article 17.00 Rule Violations, Protests and Appeal Procedures

- 17.01 A member violating the SLT Constitution will be penalized with a view to the gravity of the case, either by warning or by suspension for more than three (3) months. A suspended member loses all rights during the suspension period, i.e. the right to submit motions, to attend and take part in meetings, and to enter in competitions organized by SLT or its members. If a member willingly violates the Constitution and persists after having being warned or suspended, it will be excluded from the SLT membership.
- 17.02 An individual (athlete or official) violating the competition rules shall be penalized by the competition Jury of Appeal, in conformity with the rules. The decision of Jury is limited to the days of competition. However, the Jury Chairman is obligated to report any protest, appeal and decision pronounced to the SLT Secretary General and sending a copy to the member concerned. The Executive Committee may impose further penalties, pending the gravity of the case.
- 17.03 Penalties in doping offence shall be dealt with in accordance with the relevant ITU Rules. Members must adopt the same disciplinary measures in doping cases in their own competitions.
- 17.04 Appeal against a penalty can be made. There are two (2) levels of appeal, first being the Executive Committee, followed by General Committee, whose decision is irrevocable. An appeal does not suspend the effect of

the penalty. Every appeal must be made along with a payment which shall be determined by the Executive Committee.

- 17.05 No disputes relating to SLT affairs can be brought before a civil court. Disputes can only be brought finally to the Court of Arbitration for Sports (CAS) located in Lausanne, Switzerland.

Article 18.00 Secretariat

- 18.01 The Secretariat of the SLT shall be located at the address of the Secretary General unless otherwise decided by General Committee.

Article 19.00 Language

- 19.01 The official language to be used in all official papers, correspondence and meetings of SLT shall be English.

Article 20.00 Governing Law and Dissolution of SLT

- 20.01 The SLT is constituted as un incorporated, non profit making association society. The arrangements agreed between members do not constitute a form of partnership or joint venture. If $\frac{3}{4}$ of members of the SLT determine that there are insufficient grounds for the SLT to continue in operation, then its affairs shall be wound up and any surplus remaining after payment of its debts shall be divided equally among and paid over to its members.

Annexure 1

SLT logo



Annexure 2

Logo description & colours

The Sri Lanka Triathlon logo, also called the SLT shield consists of a yellow lion holding a ceremonial sword in its right fore-paw representing the nation of Sri Lanka. The white background with the word “Sri Lanka” superimposed in black represents integrity in word and deed. The yellow background with the word “Triathlon” superimposed in black represents the independence of this national sports association. Around the background is a dark blue border representing equality for all. The light blue triangular stripe on the bottom extreme left represents water. The black right slanted stripe on the bottom centre represents road surface. The leaf green right slanted stripe on the bottom extreme right represents scenery.

Colour	Description	Colour percentage or number
Black	Written text	Black 100% (CMYK)
Yellow	Lion & inside of shield	7406c (Pantone)
Dark Blue	Shield border	288c (Pantone)
Light Blue	Bottom extreme left	279c (Pantone)
Black	Bottom centre	Black 100% (CMYK)
Leaf Green	Bottom extreme right	368c (Pantone)