

2023 Lianyungang World Triathlon Technical Officials Level 1 Seminar

2023, Lianyungang – 07-08 June 2023

DAY 1 – 07 June 2023	
08:30 – 08:45	Opening Speech
08:45 – 10:00	Introductions, Triathlon History, About World Triathlon
10:00 – 10:15	Short Break
10:15 – 11:45	Technical Operations 1 (TOs' pathway, TOs' education)
11:45 – 12:00	Short Break
12:00 – 13:30	Technical Operations 2 (Building rapport, Code of Behaviour, TOs' Responsibilities)
13:30 – 14:30	Lunch Break
14:30 – 16:00	Technical Operations 3 (Penalties, Penalty Box)
16:00 – 16:15	Short Break
16:15 – 17:30	Technical Operations 4 (Conduct of Athletes, Registration, Bike check)
17:30 – 17:45	Short Break
17:45 – 19:00	Technical Operations 5 (Athletes' Introduction, Start Procedures)

DAY 2 – 08 June 2023	
08:30 – 10:00	Technical Operations 6 (Swim, Transition)
10:00 – 10:15	Short Break
10:15 – 11:45	Technical Operations 7 (Bike, Wheel Station, Lap Audit)
11:45 – 12:00	Short Break
12:00 – 13:30	Technical Operations 8 (Run, Aid station)
13:30 – 14:30	Lunch Break
14:30 – 16:00	Technical Operations 9 (Finish, Timing & Results, Protest / appeals)
16:00 – 16:15	Short Break
16:15 – 17:45	Technical Operations 10 (Awarding Ceremony, Doping Control, CPR)
18:00 – 18:15	Short Break
18:15 – 19:00	Open book exam