



# **EUROPEAN TRIATHLON CUP CAORLE**

15th - 16th May 2021 - Porto Santa Margherita - Caorle VE

**COVID GUIDELINES: Concept Paper** 

COVID-19 continues to cause significant challenges. The transition period following the outbreak will be long and the Local Organizing Committee of the Europe Triathlon Cup and Junior Cup Caorle 2021 will implement all possible measures for:

- respecting the social distancing and hygiene requirements
- follow up the required relationships with the local and national authorities to host a safe sport event and prevent the spread of COVID-19

The Local Organizing Committee of the Europe Triathlon Cup and Junior Cup Caorle 2021 will follow the recommendations:

- from World Health Organization
- the latest published Prevention guidelines for Event Organizers for COVID-19 of the World Triathlon https://www.triathlon.org/uploads/docs/20210303 Covid19 Guidelines 5.0 v22.pdf
- the Italian Ministry of Health, that is the authority with competences in terms of health link: http://www.salute.gov.it/portale/nuovocoronavirus/homeNuovoCoronavirus.jsp?lingua=english

The Caorle Covid Guidelines define the duties of all those departments involved in the event context to limit the risk produced by COVID-19. For the purpose to limit the risk produced by Covid-19 the LOC named a Covid-19 Committee composed by:

Race Director	Mauro Miani	eventi@trevisomarathon.com
Safety and Covid Manager	Nicola Zanetti	etccaorle@silcaultralite.it
Europe Triathlon Manager	Maryia Charkouskaya-Tarasevich	
Medical Race Manager	Dr. Paolo Gatto	





# 1. COVID-19, INFORMATION FOR TRAVELLERS: procedures to enter in Italy

#### **MEASURES ON THE ITALIAN TERRITORY**

- Travelling rules change according to the country of origin or destination and the reasons for travelling.
- The Ordinance of the Minister of Health of April 2, 2021 extends until April 30, 2021 the provisions settled by the Ordinance of March 30, 2021, related travels to/from abroad
- Travel restrictions and measurements are changing constantly, please check back before traveling, for all information visit the Italian government website:
   <a href="http://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?ling">http://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?ling</a> ua=italiano&id=5412&area=nuovoCoronavirus&menu=vuoto&tab=7

#### **EXEMPTIONS**

• Provided that no symptoms of COVID-19 occur, athletes, coaches, sport delegations, managers, technical officials, media, technical staff and all those who will take part in the International Sport Event are authorized to participate to also if coming from country for the which the travel toward Italy is limited by restrictions, provided that they have carried out a Nasopharyngeal Swab no later than 48 hours before the arrival in Italy which negative result for COVID-19 have to be recorded inside the self-declaration, required upon boarding or during each inspection by the competent authorities:

https://www.esteri.it/mae/resource/doc/2021/03/modulo\_rientro\_sintetico\_05\_marzo\_2021\_eng\_compilabile.pdf

• The 2021 Europe Triathlon Cup - Europe Triathlon Junior Cup Caorle, as international sport event recognized by the National and Local Authorities allow to enter the regional territory, coming from abroad and/or from the national territory, withouth the quarantine obligation, in compliance with the provisions of the Ministerial Decree of March 2nd, 2021, of. referred to in art. 49, paragraph 5.

#### **LETTER OF INVITATION**

- Travellers from other countries who are going to participate in 2021 Europe Triathlon Cup Europe
  Triathlon Junior Cup Caorle, they need to get a letter of invitation to enter in Italy to be in compliance
  with the provisions settled in the Ministerial Decree;
- The letter of invitation will be issued only for athletes, coaches, sport delegations, managers, technical officials, media, technical staff accredited for the Europe Triathlon event;





- To obtain the letter of invitation, required for your travel, please send your request to gabriellalorenzi@fitri.t completed of the following mandatory informations:
  - 1. Name ans Surname as it appears on your passport
  - 2. Date of birth
  - 3. Sex
  - 4. Passport number
  - 5. Passport expiration date
  - 6. Qualification (coach, athlete, support personnel, etc)
  - 7. Name and address of your accommodation while in Caorle
  - 8. Date of arrival in Caorle
  - 9. Date of departure from Caorle
  - 10. Email address to receive the invitation letter
- If you need a direct support with the Consular Authorities please send the above informations to gabriellalorenzi@fitri.t by specifyng the references of the Embassy in order to process the consular protocol through the Italian National Olympic Committee.

#### **SWAB TEST TRAVEL REQUIREMENTS: return trip**

- Travellers who need to undergo a Nasopharyngeal Swab test for their return journey from Caorle can reserve the service through the Local Organizing Committee.
- The Nasopharyngeal Swab tests will be performed on Sala Comunale, in Via dell'Astese, Caorle, upon reservation.
- The reservation is **mandatory** and must be sent to the email etccaorle@silcaultralite.it before Saturdary 1st, May 2021, complete with:
  - Email address to receive the swab test result
  - Scan of the travellers passport
  - Service required:
- LOC is organising to provide PCR test for return flight. Detailed information will be published as soon as possible. If you already know that you will need a PCR to travel back home, please write as soon as possible to etccaorle@silcaultralite.it
- Reservations after Saturdary 1st, May 2021 will not be accepted





#### 2. INDIVIDUAL RESPONSIBILITY

Measures to reduce the general risk of transmission from acute respiratory infections listed below:

- Participants should aim to keep at least two metres distance from other people, particularly those who feel unwell and have a cough or sneeze or may have a fever;
- Frequent hand washing by participants using soap and hot water or alcohol-based (at least 65–70%) hand rub for 20 seconds;
- People with symptoms of acute respiratory infection should practise cough etiquette (maintain distance of at least one metre, cover coughs and sneezes with disposable tissues or clothing, and wash their hands);
- Avoid shaking hands or hugging;
- Avoid steam rooms or sauna;
- Avoid touching their own mouth, nose or eyes.
- Anyone who feels unwell (i.e. fever, cough) should stay at home and keep away from work, school, or crowds until symptoms resolve. Stay away from the event when ill!
- In case of symptoms suggestive of acute respiratory illness before, during or after travel, the athletes are encouraged to seek medical attention and share travel history with their healthcare provider. (Standard Infection Protection and Control precautions emphasise the vital importance of hand hygiene and respiratory etiquette for every person. Water, sanitation, hygiene and waste management for COVID-19, available at: <a href="https://www.who.int/publications/i/item/WHO-2019-nCoV-IPC-WASH-2020.4">https://www.who.int/publications/i/item/WHO-2019-nCoV-IPC-WASH-2020.4</a>
- As a general reminder, it is also important that every athlete, coach and team official is aware of the indications found in our "Medical Guidelines for International Athletes, Team Coaches, TOs and Staff" <a href="https://www.triathlon.org/uploads/docs/Medical Guidelines for the International Team Coach-rev 7-16.pdf">https://www.triathlon.org/uploads/docs/Medical Guidelines for the International Team Coach-rev 7-16.pdf</a> about the procedures to reduce potential infections. Please remember these procedures, all explained in the document referred to above:
  - » Consulting with your team physicians;
  - » The procedure of epidemic control;
  - » Don't over-train your athletes;
  - » Washing hands and social distancing are the most important measures to avoid the transmission of harmful germs and to prevent illness

# 3. RISK ASSESSMENT AND MITIGATION

- Europe Triathlon Cup Caorle "Local Organizing Committee (LOC)" is implementing its activities to comply with local health authorities guidelines to minimize the risk of pandemic spread, keeping participants and public safe and healthy.
- A careful management of the schedule and access times of participants will be implemented to access the competition areas with an adequate social distancing and an immediate exit once finished.
- Waiting areas will be restricted and controlled by volunteers.
- Data collection systems (addresses Phone Mail) will be used to manage the contacts of everyone involved in the event. This includes athletes, technical officials, coaches, volunteers, staff, authorities.
   This would ensure that we can trace back to the people potentially involved if a suspicious case is identified.





### 4. PARTICIPANTS HEALTH SCREENING

- Athletes racing in a triathlon event must monitor their health status continuously (including taking their temperature and monitoring for any symptoms) from 14 days before and during the event.
- Team medical staff present at a Europe Triathlon Cup event must monitor the health status of their athletes daily
- Pre-Travel and Pre-Event Health Checks for all incoming athletes and LOC staff are highly encouraged to ensure exclusion of those with potential additional risks (comorbidities, medications).

#### **Pre event COVID-19 screening**

All elite and junior athletes along with the support staff applying for an accreditation must respect the following pre event covid 19 screening conditions:

- o Fill in the online pre-event questionnaire through World Triathlon's registration system
- Perform an Antigenic or PCR swap pre- travel test 72 hours before the athletes' travel to the event or no later than 6 days before the event for local athletes/team support and NTOs. Tests that must currently be taken to gain entry to a country are valid as pre-travel tests. The test must be submitted through the World Triathlon registration system
- o all elite athletes must submit a pre-travel medical certificate through the World Triathlon registration system according to the specifications listed in the World Triathlon COVID-19 guidelines

### <u>Pre-Travel Medical Certificate</u> for athletes registered to participate:

- The medical certificate must be issued in English by the National Federations' medical staff or a personal doctor and submitted to the race office.
- The certificate must declare that the athlete has been examined and he/she has not tested positive to PCR nasopharyngeal swab test and/ or is not in quarantine and has been without any COVID-19 symptoms for the previous 14 days
- In case of a previous positive PCR nasopharyngeal test the athlete, after the resolution of fever and improvement in illness and symptoms, must provide 2 consecutive negative PCR tests at least 24 hours apart, that must be attached to this certificate;
- Results from serological tests to detect the antibodies must not be used as the sole basis to diagnose or to exclude COVID-19 infection, but waiting for their validation can be added to the medical certificate and the above requests;
- In cases where this certificate is not provided, the athlete will not be allowed to compete
- On the race week all athletes, coaches and team medical should fill in the pre-event questionnaire which link will be sent by the World Triathlon Sport Department one week before the event

# **Competition Days:**

- Temperature check will be carried out every day at the entrance of the venue.
- Temperature higher than 37.5°C will be reported to the Medical Director and Medical Staff of the event.
- A health coordinator will be appointed within the medical team. He will be responsible for coordinating and monitoring compliance and enforcement of health safety regulations.
- Registration procedure: athletes, coaches and technical officials must follow World Triathlon procedures. Volunteers, staff, media and authorities will be registered online through a specific application.
- The LOC medical team will be responsible for establishing this process.





# 5. USE OF MASK/MOUTH-NOSE FACE COVERING AND RUBBER/DISPOSABLE GLOVES

- masks/mouth-nose face covering must be used by volunteers, officials and other accredited clients that are in contact with athletes (e.g. registration, transition zone, start area, post finish area). The use of face shields is strongly advised in areas with high risk, such as the finish line.
- Athletes must to wear masks/mouth-nose face covering during any non-competition activity (e.g.registration, race package distribution/race package pick up). On race day, athletes should wear a disposable mask until the last minute. A garbage bin will be placed near the starting line so athletes can throw away their masks.
- The LOC is only responsible for providing masks/ mouth-nose face covering and rubber/disposable gloves to its volunteers and staff along with a contingency amount for medical needs. All other accredited clients must bring their own equipment

### 6. VENUE FACILITIES

The venue is located in Porto Santa Margherita, Viale Lepanto 160 - Caorle - Venice (Italy) Latitude: 45° 35.074'N - longitude: 12° 51.132'E.

The Race Office is located in Porto Santa Margherita Viale Lepanto 131:

Thursday May 13th from 14:00 to 19:00

Friday, May 14th from 08:00 to 12:00 and from 14:00 to 19:00 Saturday, May 15th from 08:00 to 12:00 and from 14:00 to 19:00

Sunday, May 16th from 08:00 to 12:00

For Venue Maps and Event Structure please refer to the event page https://triathlon.org/events/event/2021 europe triathlon cup caorle

- All working spaces and provided facilities are organised in a way that social distancing is respected.
- At the entrance of each tent/room, alcohol-based hand sanitisers are available.
- In all the key accredited zones (athletes' area, VIP, media, working spaces), hand washing facilities are provided.
- disinfectant wipes are provided to the volunteers in charge for the venue cleaning and to disinfect door handles, toilet handles, bathroom faucet handles, etc. in all areas several times per day.
- Closed bins for safe disposal of hygienic materials (e.g. tissues, towels, sanitary products) in all rooms will be provided.
- Participants will be advised to not to be bare feet when moving around the venue facility.
- In the case of portable toilets the LOC will provide plenty of sanitation options like hand wipes, sinks, or hand sanitizer immediately outside each portable toilet cluster. The toilets will be cleaned throughout the day at appropriate regular intervals according to the estimated number of users





# 7. SOCIAL ACTIVITIES

- Pasta parties and opening/closing ceremonies not allowed to minimise the opportunities of mass gathering in small spaces.
- VIP area: it will be implemented close to the Start and Finish Area, detailed position it will be indicated on the Athletes Guide and Event Maps.
- Only accredited persons will be allowed and everything will be set up to respect of the security social distance.

# 8. SPECTATORS

Spectators not allowed

# 9. SIGNAGE



# 10. MEDIA & PHOTOGRAPHERS' SERVICES

Media COVID-19 guidelines will be applied
 <a href="https://www.triathlon.org/uploads/docs/World\_Triathlon\_Media\_Covid-19\_Guidelines.pdf">https://www.triathlon.org/uploads/docs/World\_Triathlon\_Media\_Covid-19\_Guidelines.pdf</a>





# 11. BROADCASTERS' SERVICES

- The crew will follow the same health screening process as the rest of the accredited groups.
- Broadcasting staff working on the field of play should stay at their workstation during a predefined, strict minimum of time.
- They should avoid unnecessary conversation and observe social distancing rules.
- Broadcasting staff on fixed positions should avoid contact with the public and spectators and observe social distancing rules.
- The layout inside broadcasting vans should be organised so that each desk is separated from another by 1.5m.
- Ventilation inside the van should be organised ideally with open doors while the production process is on.
- Surfaces, screen, door handles should be cleaned on a regular basis, and a complete disinfection of the van should be done once the broadcasting mission is completed.
- The wearing of masks/mouth-nose face covering when interacting with people is strongly recommended to be enforced.

# **12. TECHNICAL OFFICIAL SERVICES**

- Hygiene regulations and advice must be followed at all times.
- If Technical Officials feel unwell with any symptoms of Covid-19, they have not attend the event and follow local medical protocols.
- Technical Officials who are over 70 years old, anyone with compromised health conditions, or living with someone at high risk, must be aware of the greater possibility for serious consequences in case of contamination
- Sharing of equipment is prohibited, in particular water bottles and cups must not be shared.
- Face coverings must be worn.
- Minimizing use of public transport and limiting car sharing. Walk or cycle if possible.
- Accommodation arrangements consider the social distance. Single occupancy arranged.
- Technical Officials should avoid crossover between groups. Officials will apply consistent groupings of
  officials throughout the day.
- The Technical officials briefing and debriefing will take place in a location that social distancing could be respected and if possible outdoors.
- Technical Officials will be directed to:
  - Avoid touching athletes
  - Respect the 2m distance unless absolutely necessary
  - ❖ Wear a mask whenever it is feasible
  - Only use the whistle when necessary
  - Use short, sharp whistle blow not long, hard blows
  - Do not officiate when feeling unwell
  - Use hand sanitizer at every break in the race (between groups, substitutions)
  - Blow whistle facing away from athletes
  - Use full coverage if they are required to be with someone on a motorbike » Use a face shield if assigned at the finish area





# 13. ATHLETES' SERVICES

#### **AIRPORT TRANSFER**

- Airport transfers will be organised for elite and junior athletes, coaches and NFs representative
  accredited through the World Triathlon online system, before and after the race (more detailed
  information available on the Athletes Guide).
- To organise your transfer please contact <u>etccaorle@silcaultralite.it</u>: the cost for transfer is 10€ one way per person - 15€ round trip, baggage and sport equipment included.
- Request for transfer must be submitted no later than Saturday May 1st. After the deadline the LOC can not guarantee the service.
- The use of masks/mouth-nose face covering is mandatory. Each person has to disinfect his/her hands before entering the vehicle.
- All drivers will wear face protection and disposable gloves throughout the journey.
- To all the passengers transferring the temperature will be tested pre-boarding transfer.
- All used vehicles will be disinfected before being used as part of a shuttle service.
- Bike transfer bags will be disinfected before being received by the service provider

### **TRAINING FACILITIES**

- Swimming pool and track will be available for training.
- Detailed information are available in the Athletes Guide.
- Access to training facilities will follow strictly health regulations and the World Triathlon COVID Guidelines rules.

#### ATHLETES' AND COACHES' BRIEFING

- At World Triathlon events, all coaches' briefings are cancelled.
- The athletes' briefing is not mandatory.
- All race information must be provided to the athletes online.

# Special rules for the race:

- The online briefing will be held on a date and time consistent with the World Triathlon Competition Rules and will take place online.
- Participants will attend the TD presentation and can contribute questions or feedback through the online Q&A function. If people cannot attend the session in real time, the presentation will be recorded and published on the World Triathlon website for later viewing.
- There are no penalties for those who arrive late or miss the online briefing.
- The event TD will send the race briefing presentation to World Triathlon Entries entries@triathlon.org two days before the event date and the file will be immediately uploaded to this page <a href="https://www.triathlon.org/about/downloads/category/race\_briefings">https://www.triathlon.org/about/downloads/category/race\_briefings</a> and made available to the athletes and coaches
- The TD will be available for any clarifications during the course familiarisations or by phone at a local telephone number provided to the TD by the LOC. The TD's contact telephone number will be announced to all the athletes via the athletes' guide and the event's page at www. triathlon.org
- The TD Sander Verheuvel will be available for any clarifications at the e-mail contact s.verheuvel@caiway.nl





#### **PRE-EVENT ANTIGENIC SWAB TEST**

- Before the distribution of the race packages, all ELITE AND JUNIOR ATHLETES, COACHES, MEDICAL
   AND SUPPORT TEAM will be tested for Covid 19 by performing a mandatory Antigenic swab test.
- Those who test positive will remain in isolation till to have performed a second PCR test, at own personal charge.
- The Antigenic swab tests will be performed at Palaexpomar located in via Aldo Moro 21, 30021 Caorle (VE) in the following days:

Thursday 13th, May from 16.00 to 19.00 Friday 14th, May from 08.00 to 16.00

- Athletes and teams must reserve their test by email to etccaorle@silcaultralite.it within Saturday 1st, May 2021.
- The mandatory Antigenic swab test pre-event will be free of charge for athletes, coaches, medical and support team.

# **Specific Misures table**

- Only authorized people (LOC, athletes, coaches, TOs, volunteers, staff, media, authorities and contractors) can access the event venue. No accreditation available for others.
- All athletes, team medical, coaches and TOs must perform an antigenic pre-race tests upon arrival in
  the host city. In case of positive result, a PCR swab test will be done. Time and place for these tests
  will be determined by the LOC.
- All the specific measures can be found in the table below:

	Pre-event questionnaire	COVID-19 test before travelling	Medical Certificate	COVID-19 test at the event	Daily Health Screening
Elite athletes	yes	yes	yes	yes	yes
Junior athletes	yes	yes	Follow public health request	yes	yes
Coaches/team medical/support NF personnel	yes	yes	Follow public health request	yes	yes
TDs/ITOs/NtOs	yes	yes	Follow public health request	yes	yes
IF Staff	yes	yes	Follow public health request	Follow public health request	yes
LOC/Contractors	Follow public health request	Follow public health request	Follow public health request	Follow public health request	yes





#### **RACE PACKAGE DISTRIBUTION: ELITE - JUNIOR**

The athlete must pick up the race package in person and within a time window as scheduled:

Thursday 13th, May from 16.00 to 19.00 local time Friday 14th, May from 08.00 to 16.00 local time

- The race package distribution is located at Palaexpomar located in via Aldo Moro 21, 30021 Caorle (VE)
- The athletes/coaches must arrive according a time slot which will be communicated shortly by the LOC
- If an athlete is not present and a waiting list exists, the athlete will be replaced according to the standard procedures.
- The incident must be reported to World Triathlon Entries <a href="mailto:entries@triathlon.org">entries@triathlon.org</a>
- A distance of 2m between athletes has to be respected inside the registration tent/room and at the waiting area outside the tent/room.
- The spacing will be marked on the floor by the organising committee.
- Sanitisers will be available at the entrance of the room
- All volunteers managing the registration must to wear masks/ mouth-nose face covering.
- Athletes must to wear masks/ mouthnose face covering during the registration process.
- All the race numbers will be sent by Europe Triathlon to the LOC.
- The LOC will receive the Fedex box with the race numbers and deliver it to the assigned TD, who will be the only person to be in contact with the athletes race numbers.

# Race package composition:

- All health measures will be in place for the preparation of the race packages.
- Timing chips and velcros will be disinfected according to the recommendation from the manufacturers (both timing chips and velcros washed on a washing machine at 60 degrees Celsius for an hour).
- Velcros will be not reused
- Only competition-essential materials will be included inside the race package (e.g no promo materials) whilst reducing packaging as much as possible.





### **14. ACCREDITATION**

- During the Race Packege distribution time window, athletes, coaches and team medical accreditations will be distributed.
- The access inside an accredited area will be limited to a minimum number of people to respect the safety distance.
- Only one coach and one medical personnel per NF will be accredited to all World Triathlon events.
- The re-validation of the accreditation card must take place on a daily basis following the health screening process.
- For any case that accredited persons are not following the established prevention procedures around the COVID-19, their accreditation card will be removed and will be asked to leave the venue.
- Any participant that doesn't comply with the established prevention procedures around the COVID-19 will not be allowed to participate in the event and will be asked to leave the venue.

#### **Coaches' and Team Medical Accreditations**

The following number of accreditations will be approved per National Federation for the support personnel at any World or Continental Triathlon events according to the World Triathlon Covid-19 Guidelines:

- 1 Coach for Elite events
- 1 Coach for Junior events
- 1 Team Medical for Elite events

### 15. ATHLETES' LOUNGE CHECK IN

- All processes will be simplified and kept to the minimum with the goal of the athletes spending as little time as possible at the venue.
- A distance of 2m between athletes will be respected inside the lounge and at the waiting area outside the lounge.
- The spacing will be marked on the floor by the organising committee.
- The maximum number of athletes (keeping to the 2 metre distance) will be predetermined/communicated in the lounge (based on its size).
- All the equipment checks will be carried out as visual checks.
- The officials will perform a physical check. Sanitary wipes will be available to athletes for wiping down equipment after officials have checked the equipment.
- The athlete can leave his/her non-competition essential equipment in an area inside the lounge which is self-managed.
- Athletes are advised to wear masks/mouth-nose face covering during this process.
- The athletes have to spend the least possible time at the venue





### **16. COURSE FAMILIARISATIONS**

- Escorted course training around the course will not take place.
- Bike familiarization will take place on Friday 14:30-15:30.
   Meeting point at Transition Area (Largo Portesin 5, Caorle).
   Athletes will be allowed to test bike course for 1h (bike course will be completely closed to traffic).
- Swim familiarization will take place on Friday 15:30-16:30.
   Meeting point at Transition Area (Largo Portesin 5, Caorle).

# 17. TRANSITION ZONE CHECK IN/OUT

- The technical officials and volunteers involved in the process must to wear masks/mouth-nose face covering.
- All processes must be simplified and kept to the minimum with the goal the athletes are spending as little time as possible at the venue.
- The distance of 2m between athletes must be respected at the waiting area outside the transition
- Athletes must to wear masks/mouth-nose face covering during the check-in process.
- The athletes must spend the least possible time at the venue.
- In cases that the athletes' equipment is checked over by officials or volunteers, sanitary wipes will be available to athletes for wiping down equipment after officials have checked the equipment

# **18. COMPETITION**

#### **VENUE**

- The venue size is around 20.960m2
- All accredited people must access the venue through the available checkpoints
- Every checkpoint will provide temperature measurement
- Event venues (Athlete's Lounge, Transition, Medical and Finish areas) will be completely closed with fences and access will be granted only to authorized personnel
- The entrances to the public areas will be one-way
- All areas are accessed wearing surgical masks
- A special signage is put up at all access points

# **Sanitation**

• To reduce the risk of infection during the race where there is likely to be accidental contact between people, hand sanitizer bottle will be placed in the transition, finish and start areas.

# **START: Elite/Junior**

- The athletes will be lined up a distance of two metres apart at the line up area and their pontoon/start positions must be 1m apart or more.
- The athletes' introduction must be quick.





#### **SWIM**

- It may be that a significant number of athletes don't and/or didn't have access to swimming facilities prior to the competition. The LOC will perform a risk assessment of the swim course and determine the need or not of increasing the number of life saving personnel in the area.
- Athletes are advised to run through them.

#### **TRANSITION ZONE**

- Junior Qualification bike racks will be horizontal, 2m distance between each bike.
- Elite and Junior Final bike racks will be single (2m distance between each bike).
- The transition zone design will be in line with the social distancing recommendations

#### **AID STATIONS**

- All aid stations on the run course will operate on a self-servicing base
- A different team of volunteers will be allocated serving the athletes and a different team for collecting the used bottles/equipment.
- All volunteers must to wear masks/mouth-nose face covering.
- Only water (closed bottles) will be provided.
- Athlete has not be to touch anything else on the aid station serving table

# **PENALTY BOX AREA**

- The penalty boxes and the procedures around them as described in the World Triathlon Competition Rules remain the same
- These areas will be designed in a way to respect social distancing between the penalised athlete and the technical officials managing the area, as well as between other athletes present in the penalty hox
- Social distancing will be not be a reason for delaying the applied penalties.

#### **FINISH AREA**

- The finish chute will be split into 1.5m wide finishing lanes to prevent the athletes from coming closer than this distance.
- The finish tape will be disinfected between the races.
- After crossing the finish line, athletes will be directed to a first recovery area, and after they will continue to the athlete's lounge
- At the recovery area athletes will take water by themselves.
- Timing chip removal will be done by the athlete, who must deposit the timing chip to a specific bin close to the exit of the post-finish area.
- Photographers, TV and Media will be placed 20m far from the finish line
- Medical area will be located next to the finish area
- Massage facilities not allowed

#### **COMPETITION JURY**

 The hearing of the Competition Jury, if required, will take place in a location where social distancing is respected.





 All members of the Competition Jury must keep 2m distance from each other and the persons attending the hearing.

# 19. COVID 19 POSITIVE CASE MANAGEMENT

#### MAIN PUBLIC HEALTH RECOMMENDATIONS AND PREVENTION MEASURES FOR THOSE ENTERING ITALY

What to do if symptoms compatible with COVID-19 appear while you are in Italy:

- seek medical help. Immediately inform the Department of Prevention of the Local Health Agency:
  - ask the staff of the hotel/accommodation facility to help you to contact the health services;
  - call the regional hot line. You can find the number on the website of the Ministry of Health at the following link: Covid-19 Regional telephone information hotlines,

http://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua=english&id=5371&area=nuovoCoronavirus&menu=vuoto

- If you develop severe symptoms, call the national emergency number 112
- Avoid visiting the Hospital Emergency Room
- Wear immediately a medical mask
- Inform the reception of your health condition, so that they can take all prevention measures to protect the staff and other guests
- If possible, move to a single room with dedicated bathroom
- Self-isolate and remain in your room with the door closed but ensuring adequate natural ventilation
- Respect the ban to go around, following the instructions of the health staff
- Avoid contact with other tourists and with the staff of the hotel/accommodation facility
- Wash your hands with soap and water and implement the other hygienic measures
- Follow good respiratory hygiene and dispose tissues properly putting them after use in double bags
- Be available at the daily calls of the health staff in charge of monitoring your health conditions during the health surveillance
- Avoid taking drugs without medical prescription.

#### Remember:

- Public healthcare is free in Italy.
- More information are available on the website of the Ministry of Health http://www.salute.gov.it/portale/nuovocoronavirus/homeNuovoCoronavirus.jsp?lingua=english





#### **PROTECT YOURSELF AND OTHERS**

Here are the main public health recommendations and measures for those entering Italy.

- Maintain at least 1 meter security distance between yourself and others both in open and closed places
- Implement preventive hygienic measures:
  - regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water
  - o avoid direct contact with other people such as hugging and shaking hands
  - o follow good respiratory hygiene: cover your mouth and nose with your bent elbow or tissue when you cough or sneeze
  - avoid sharing bottles and glasses
  - avoid touching eyes, nose and mouth
  - o avoid taking antiviral drugs and antibiotics without medical prescription.
- Use respiratory protection (face masks)
  - It is mandatory to carry a face mask with you at all times. These must be worn, not only in closed spaces accessible to the public, as in the past, but also in indoor spaces in general, other than private homes, and also in all outdoor spaces. Exceptions are made in cases where, due to the characteristics of the place or the actual circumstances, the condition of isolation from non-residents is continuously guaranteed. Children under six years of age, people with pathologies or disabilities incompatible with the use of a face mask and those who interact with the latter, are excluded from the obligation to wear a face mask. Furthermore, the use of a face will not be mandatory during any sports activity.
- The use of a face mask is also strongly recommended in private homes, if there are non-residents visiting.
- Any form of assembly is forbidden
- On some occasions body temperature can be measured (e.g. in some shops, hotels, public offices, restaurants, etc.).
- It may be useful to keep a travel diary in which to note down the places visited, the companies visited and the relevant dates.
- It is possible to download the IMMUNI App on your mobile phone, which, if correctly used, sends a report in case of a possible contact with a positive person, and offers further information. For assistance and clarifications on the use of the App call the toll-free number 800 462 340
- It is strongly recommended to refrain from travelling by public or private means of transport, with the exception of work, study and health related reasons, any urgent matters, or when carrying out activities or using services that are still available.





#### **COMPETITION:**

#### CLOSE CONTACT DEFINITION AND PROCESS TO FOLLOW IN CASE OF POSITIVE CASE

In general close contact will be considered any person that has been in the same place as a case, at a distance of less than 2 meters and for more than 15 minutes.

In case of symptoms, stay alone, and alert the Covid Manager:

+39.340.1628156
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#### **ISOLATION TENT AND SUSPICIOUS CASE**

Provided that symptoms of COVID-19 had occurred and the Suspicious Case is identified:

- The person involved must stay at the hotel, in isolation, and must to inform inmediately the race medical manager or a person in charge of the organization;
- the race medical manager or a person in charge of the organization will contact the nearest health department to handle the case;
- If Suspicious Case is identified in the race venue, the person involved will be taken to the Isolation Tent;
- The Doctor in charge of the Isolation Tent will call the City Health Service Telephone and follow the given procedures;
- The Isolation Tent will be provided with exclusive bathroom, sealed water and food, surgical masks, hand sanitizers and alcohol solution wipes.
- The definition of suspicious case is anyone with a clinical picture of sudden-onset acute respiratory
  infection of any severity that includes, among others, fever, cough, or a sensation of shortness of
  breath.

# **HEALTHCARE FACILITIES MANAGEMENT COVID 19**

The health authorities will be alerted before the event and all health activities will be coordinated with the local health authorities and with the help of the Civil Protection and the 118.





# **CONTACT DETAILS**

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